

# EAST HUNSBURY PRIMARY SCHOOL

## Newsletter

28th November 2025

### MESSAGE FROM THE HEADTEACHER

Dear Families

How can it possibly be December next week and... our annual Christmas Fete – which I really hope you will be able to come to? Thank you to everyone who donated something for our legendary Christmas hampers today – raffle tickets will be on sale soon.

**REMINDER:** It is illegal and very dangerous to park on the zig zags lines outside of school! We will report you if you park on them as the safety of our children is important to us.

**REMINDER:** Please take a look at our Christmas bauble poster and ask if you have any questions about what is coming up.

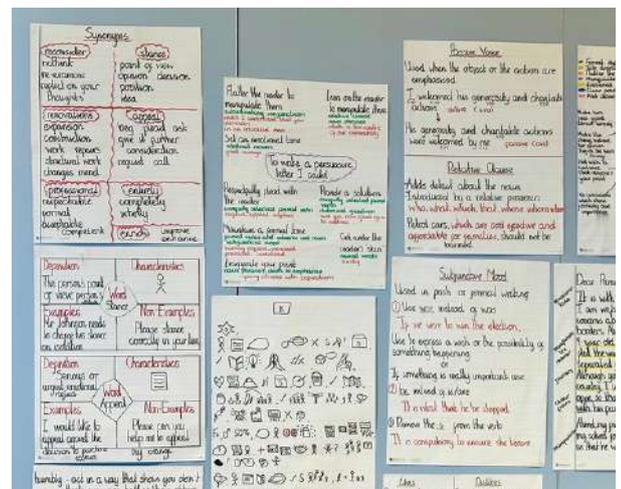
Throughout the past couple of weeks, the children have been working hard on their termly assessments. These assessments are important as they help our teachers identify the priority areas to teach and support. Your child's report will come out 17th December but please do not hesitate to speak to your child's teacher if you have any questions yourself.

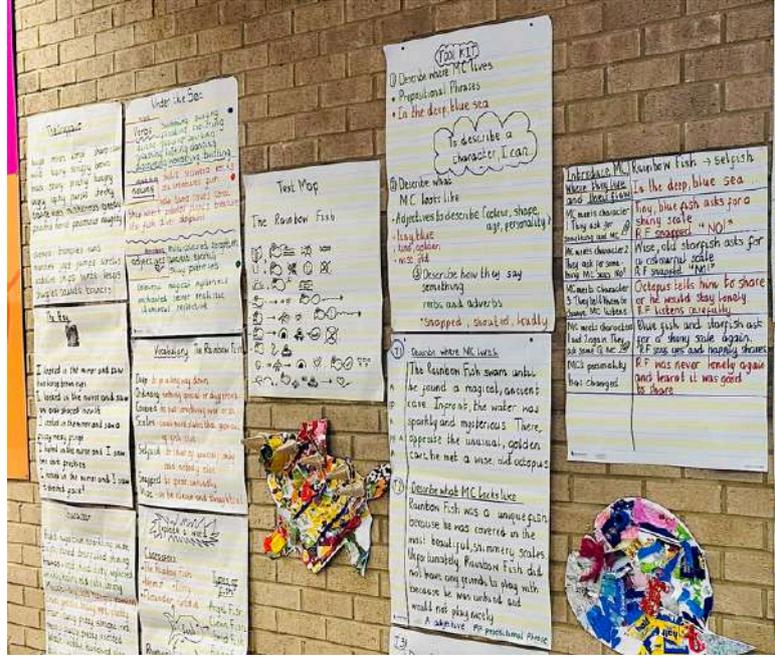
#### Welcome Zach!

You may have seen a new face around school at the end of the day – Welcome Zachary Rabin – our new Assistant Site Supervisor. Zach supports Steve Foster at the end of the day and also oversees the carpark. Once again, if you do not have a parking pass or blue badge, you are not allowed in the car park. Please give him and wave and say hello. He is already off to a brilliant start. Ps. Fun fact... He can play guitar to a very, very high standard!

#### Talk for Writing Showcase Tour

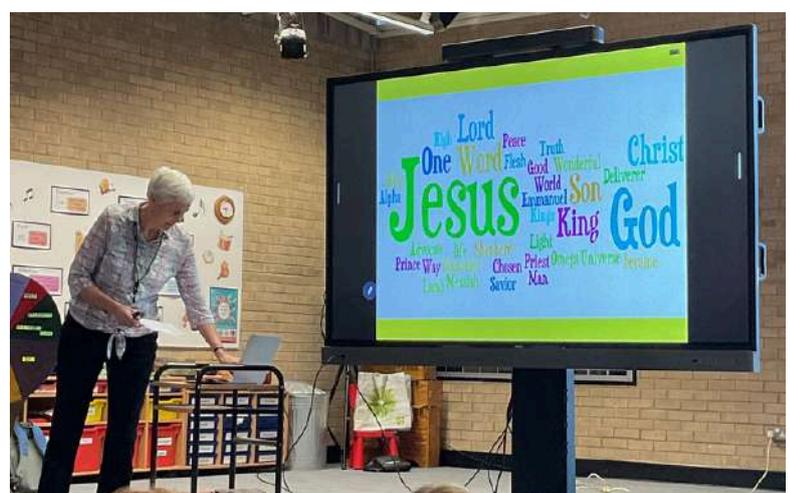
We didn't have our usual Monday morning assembly because we were busy showing other school around and teaching them how we teach writing as part of our Talk for Writing Showcase school status. We are very proud to be a Talk for Writing school and have our high standards of work recognised nationally and locally. The visiting teachers were very impressed with what they saw and the children were proud to share their work.





### Advent Assembly

The week ended with an assembly led by Rowena from St Benedicts church. She taught us all about advent and its importance at this time of year.



### One Tree Project

Last term we took part in the One Tree Project and I am delighted to share with you all of the funds raised has gone to support a wonderful project in Kenya involves planting trees in schools where the grounds are bare and degraded. A variety of trees, including fruit trees, have been planted in one of these schools. The trees also help to create shade, green spaces and ultimately, from some of the trees, fruit for the children to eat. The children of Kenya help to plant the trees and during their time at school they look after them. The children also learn about restoration, conservation, and the importance of caring for the environment. Plus the trees will help to absorb carbon dioxide and reverse biodiversity loss.

What a great project for a worthy cause. Thank you to everyone who donated and to Mrs Normington and Miss Davison for organising it as part of our Our World Education Team.

## NEA Awards

If you see quite a few staff dashing out of school tonight they are off to get 'glammed' up ready for the Northamptonshire Education Awards. We are nominated for 5 awards this year (we are in fact the school with the most nominations) and are very proud to represent East Hunsbury. I look forward to letting you know how we do next week and thank you for everyone who took the time to nominate us. We love our jobs, so it is nice to have the recognition.



Finally, we were also visited by our Trust School Improvement advisor who helps us reflect and improve on our educational offer. We really value opportunities like this to grow and think about what our next steps are. Mark, was very impressed with what he saw and, once again, I was a very proud Headteacher.

Have a wonderful weekend everyone – see you on Monday.

*Ms Pennington*



# PARKING

*Stay Safe*

A reminder that you must take extra care when parking and driving near the school. If you are reversing, please look carefully around you to ensure it is safe to pull away.

It is also illegal to park on the zigzags or on a zebra crossing!.

Please put our children and community's safety first.

**BOOK NOW**

*Christmas* **LUNCH**

If your child would like school Christmas lunch, please order on School Grid by 9am on Wednesday 10th December.

# THE HIVE NEWS - ORANGE CLASS

Despite missing Sarah (class teacher) as she recovers from her broken ankle, the children in Orange class have adapted well and have been working hard in Sarah's absence. They will have plenty to share with her when she returns!



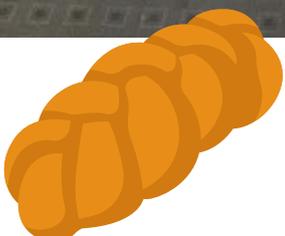
Our Talk for Writing this half term is "The Owl Who Lost Its Twoo." We have been working hard on learning the text. We know the five sentence story and can each say it out loud in front of our friends, with confidence. We have made owls and potions to support this story. This has helped us to immerse ourselves in the learning.

In RE we are learning about Hanukkah, the Jewish festival of light. The festival lasts for eight days and each night a new candle is lit on the hanukkah / menorah.

Our PHSE learning has been all about taking turns, so we have done lots of outdoor and indoor activities to practise this. We are all doing really well at this and we hope some of this learning has transferred to good turn taking at home!

We have been making socks/stockings in DT. Our first task was to design our stocking on paper and then we started making them. We had some great ideas and designs!

Well done, Orange class you have been showing your best everyday!



# Attendance News

Whole school average attendance this week was

**94.56%**

We are aiming to be at **96% + every week.**

	Weekly Attendance	Year Group	Weekly Attendance
Reception	95.76%	1	94.29%
2	92.14%	3	93.51%
4	96.39%	5	92.86%
6	96.76%		



**WE NEED YOUR TOKENS!!!**

**YOU CAN VOTE UNTIL**

**31<sup>st</sup> December 2025**

We're delighted that our application to the Tesco Community Grants Scheme has been successful! You will need to make a purchase of any value in a TESCO store and add the blue token to the Community Grant Scheme box in the Tesco store. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token. **The project with the highest number of blue token votes across our region will receive £1,500, the second placed project £1,000, and the third placed project £500.** We will be putting the money we are awarded towards the Changemakers quiet shaded area on the playground.

You can vote for EHPS in the following TESCO stores:

- Abington Express, 348 Wellingborough Rd NN1 4EX
- East Hunsbury Express, Butts Rd, NN4 OUE
- Northampton South, Clannell Rd, NN4 OJF
- Northampton 13-15 Abington St, NN1 2AN
- Northampton St Edmunds Express,
- Portland Pl, Wellingborough Rd, NN1 4DR





West Northamptonshire Council

# Apply for a school place

Is your child's 4th birthday on or before 31 August 2026?



## It's time to apply for a reception place

Application Deadline: midnight on 15 January 2026

[westnorthants.gov.uk/school-admissions](http://westnorthants.gov.uk/school-admissions)

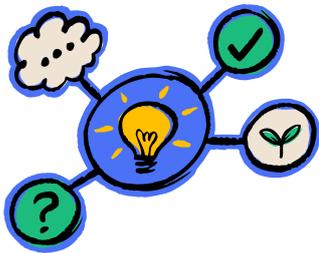
### Reception Places September 2026

- 10th September 2025 Online Applications open
- 15th January 2026 - Midnight Online Applications close
- 16th April 2026 National Offer Day

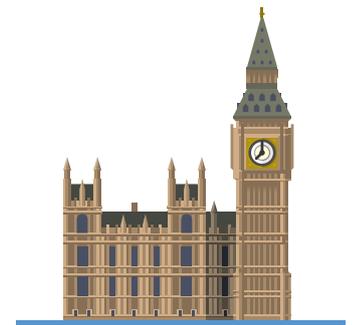
[Click here to book](#) a tour at East Hunsbury Primary School.

### Year 6 to Year 7 Transition

- 10th September 2025 Online Applications open
- 31st October 2025 - Midnight Online Applications close
- 2nd March 2026 National Offer Day



## OUR FUTURE LEADERS Parliamentarians



The role of a Parliamentarian is to:

- Represent their class and share their thoughts and views with the Parliament
- Work collaboratively with other members of the parliament to discuss ideas suggested by their peers
- Support Ms Pennington in the running of the school and share ideas for improvements
- Communicate with the people who can help put the suggestions into action
- Be a role model for others

Our Parliamentarians are:

Millie	Warid	Teddy	Luisa	Anastasia	Colin
Micah	Hugo	Advaith	Sara	Stanley	Reuben
			Abigail		

# EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	204	159	192	170
Grand total	2293	2217	1942	1875



## \*\*\* SANTA CLAUS IS COMING TO TOWN \*\*\*

It's official! He's just confirmed he will be visiting us at our Christmas Fayre on Saturday 6th Dec.

**Tickets to see Santa** will need to be booked online - No tickets will be available on the day.

Places are limited so please book early using [this link](#) to avoid disappointment!





**EHPS Christmas Fayre**

**Sat 6th December**

**11am - 1pm**

**Name the Teddy, Christmas Raffle**

**Chocolate Tombola, Games,**

**Christmas stalls,**

**Refreshments, Santa's Grotto**

**and much more!**

**Special performance by EHPS choir**

**Come and join the festive fun!**

**FREE ENTRY**

# East Hunsbury Primary School

## What's coming up this

# Christmas?

**NOVEMBER**

**28**

Mufti for Christmas Hampers

**NOVEMBER**

**29**

Hunsbury Library  
Festive Fair  
11 - 4pm. EHPS Choir  
singing 2 - 3pm

**DECEMBER**

**2**

Reception & Blue  
to West Lodge  
Rural Centre  
All day

**DECEMBER**

**4th**

The Nest to  
Riverside Hub

**DECEMBER**

**6**

Christmas Fair  
School Hall  
11am - 1pm

**DECEMBER**

**9**

Reception Nativity  
10 - 11am

**DECEMBER**

**10**

Reception Nativity  
2 - 3pm

**DECEMBER**

**16**

Yr 1 Carols by  
Twinklelight  
5:15-  
6:15pm

**DECEMBER**

**17**

Walk in Wednesday  
Christmas theme  
8.30 - 9am

**DECEMBER**

**18**

Whole school Christmas Party  
Day with disco. Christmas  
jumpers and party clothes can  
be worn. Donations will not be  
requested.

**DECEMBER**

**18**

Christmas Lunch

Book on School Grid by  
9am on 10th December

**DECEMBER**

**17**

Yr 6 & Yellow Class  
Carols & Crafts with  
parents  
2.00 - 3.15pm

**DECEMBER**

**19**

Super Special Secret  
Performance 9am  
Whole School

# Walk in Wednesday dates

17.12.25	Walk in Wednesday 2 - Christmas	08:30-9:00	Classroom
21.01.26	Walk in Wednesday 3 - Reading	08:30-9:00	Classroom
11.03.26	Walk in Wednesday 4 - Easter Crafts	08:30-9:00	Classroom
29.04.26	Walk in Wednesday 5 - Reading	08:30-9:00	Classroom
24.06.26	Walk in Wednesday 6 - Science	08:30-9:00	Classroom

## NO IDLING CAR ENGINES IN THE CAR PARK PLEASE

Always switch your engines off when in a parked car. Leaving your engine running when your vehicle is stationary is called idling. This creates air pollution by increasing the levels of exhaust fumes and harmful gases in the air. No one, especially children, should have to breathe in these fumes.



## Who works at East Hunsbury Primary School? Meet the Team

Hello, my name is Miss Parker and this is my second year as a Year 3 teacher at East Hunsbury Primary School.

I feel very lucky to be a part of the team at such a special school! Year 3 is such a brilliant year because you get to see the children grow so much as they head into Key Stage 2 and it is that magical stage where children begin to see themselves as confident, independent learners. We also get to take the children on their first residential and it is so special seeing their excitement and personalities really shine - even if we don't get much sleep...

My class this year have had a fantastic start to Year 3 and are working very hard. They love listening to instrumental Harry Styles music while writing (which makes me very happy as a big Harry Styles fan!)

When I am not at school, I love spending time with my family and friends. I enjoy travelling to different countries and am always running, hiking or doing yoga with friends. I am about to complete the Leicester half marathon in a few weeks and hope to do a marathon next year too!



Who's been brilliant this week?

# You Are Brilliant!

WB 24/11/25

Sarah-Leigh  
for valuing the  
little things!  
Thank you x

Orange + Green  
class at forest  
school. Fab  
engagement with  
each other.

Jonah in Blue  
Class for amazing  
reading!

★ ★  
★ Esther ★  
★ ★ ★

Rebecca  
for always being  
BRILLIANT! x

Mrs Keay  
for always  
being kind &  
supportive!

Beccy, Kay, Jill,  
Amelia and Laura  
for supporting  
at forest school x

Laura for  
helping yellow  
draw their class  
best map 😊

Also Callie is  
grateful for  
you today  
myoga, for  
all your support  
x dora

and  
Callie  
helped  
too!

Mrs Shelton  
for helping a  
friend in Y2

Everyone for an  
amazing TFW Showcase  
- especially those  
who we stayed  
longer with.

## Kindness shoutouts

Hugo Y4  
Sahara Y3  
Nola Yr1

Be Kind. Work Hard. Believe.



# Mufti Days

18.12.25	Christmas Jumpers/Party Day	No charge
13.03.26	Donations for Chocolate Hampers	
20.03.26	<b>Wear odd socks</b> for World Down Syndrome Day	No charge
27.03.26	Autism Awareness Day - <b>Wear Bright Colours</b>	No charge
21.05.26	UN Cultural Diversity for Dialogue and Development – <b>wear something/colours which reflects your culture</b>	No charge
16.07.26	Mufti for winning House (winning House announced on 13 <sup>th</sup> July)	No charge

How many have you completed? Have you started a scrapbook to document your activities?





# E-Safety & Wellbeing



## What Parents & Educators Need to Know about TIKTOK

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

**AGE RESTRICTION 13+** (Certain features are restricted to over-18 only)

**WHAT ARE THE RISKS?**

- AGE-INAPPROPRIATE CONTENT**  
TikTok's following trend shows clips from known creators, while the content for You For Ever series features clips based on viewing history. Adult and harmful content is more likely to appear, and watching for long enough might result in the algorithm recommending more of the same. Inappropriate content, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate content before it is deleted or removed.
- CONTACT WITH STRANGERS**  
Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted contact from strangers. Accounts created by over-18s can be private, meaning a lot of content isn't to be seen by all. This means that not only is it easier to contact strangers, but also that it's more likely to be seen by all. It also suggests that users are more likely to be contacted or contacted by all.
- MISINFORMATION AND RADICALISATION**  
TikTok's short videos may appear light-hearted, but they can expose young people to harmful content. Misinformation is a serious risk because users that identify as 13-18-year-olds use TikTok as a news source, increasing the chance of being misled, manipulated, or radicalised. The app also has a high volume of hate speech, including homophobic and transphobic content, and it's also a platform for extremist views and propaganda. It's also a platform for radicalisation, including extremist views and propaganda. It's also a platform for radicalisation, including extremist views and propaganda.
- ADDICTIVE DESIGN**  
TikTok's fast-paced stream of age-appropriate videos can be particularly addictive for young users. In 2024, 10% of children spent an average of 22 minutes per day on the platform, double the time recorded in 2023. Research and user feedback, however, including and about harmful activities, including sleeping between short clips may also affect attention spans, leading to lower focus and longer times such as homework or reading.

**ADVICE FOR PARENTS & EDUCATORS**

- ENABLE FAMILY PAIRING**  
Family pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on restricted mode, limiting the chances of a child seeing inappropriate content, set screen time limits, create account privacy and manage who they follow, and more. If they can't, they can't, so it's important to talk about restrictions and parental supervision.
- DISCUSS THE DANGERS**  
If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks, such as seeing inappropriate content, being contacted by strangers, and the risk of addiction. It's also important to talk about restrictions and parental supervision.
- READ THE SIGNS**  
If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased isolation and a lack of concentration are potential red flags, as is feeling irritable, nervous, or sad. If you're worried, it's important to talk about restrictions and parental supervision.

## What are the risks?

- 1 Age-inappropriate content
- 2 In-app spending
- 3 Addictive design
- 4 Contact with strangers

[Click here for more information](#)

## Top Tips

- 1 Nutritional balance
- 2 Hydration habits
- 3 Relaxing evening activities
- 4 Consistent bedtime schedule

[Click here for more information](#)

## 10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping - potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

- MINDFUL TECH USE**  
Encourage a balanced approach to technology. Encourage children to limit screen time before bed. Encourage children to use their phones in a way that doesn't interfere with their sleep. Encourage children to use their phones in a way that doesn't interfere with their sleep.
- EFFECTIVE SLEEP PRACTICES**  
Before bedtime, encourage children to engage in relaxing activities. Encourage children to engage in relaxing activities. Encourage children to engage in relaxing activities.
- HYDRATION HABITS**  
Underline the importance of drinking plenty of water throughout the day. Encourage children to drink water throughout the day. Encourage children to drink water throughout the day.
- CONSISTENT BEDTIME SCHEDULE**  
Encourage children to develop consistent bedtime routines. Encourage children to develop consistent bedtime routines. Encourage children to develop consistent bedtime routines.
- OPTIMAL SLEEP ENVIRONMENT**  
Ensure that the bedroom is comfortable. Encourage children to create a comfortable sleep environment. Encourage children to create a comfortable sleep environment.
- RELAXING EVENING ACTIVITIES**  
Encourage children to engage in relaxing activities. Encourage children to engage in relaxing activities. Encourage children to engage in relaxing activities.
- PRIORITISING ADEQUATE SLEEP**  
Emphasise the crucial role of sleep in supporting physical and emotional wellbeing. Encourage children to prioritise sleep. Encourage children to prioritise sleep.
- NUTRITIONAL BALANCE**  
Highlight the significance of a healthy diet. Encourage children to eat a healthy diet. Encourage children to eat a healthy diet.
- PARENTAL SUPPORT**  
Parents and carers, of course, are crucial in supporting their children in establishing and maintaining healthy sleep patterns. Encourage children to get support from their parents. Encourage children to get support from their parents.
- MILITARY SLEEP METHOD**  
Look up 'the military sleep method'. Encourage children to try the military sleep method. Encourage children to try the military sleep method.

**VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION**

**BE KIND**

**WORK HARD**

**BELIEVE**

**#weareEastHunsburyPrimarySchool #wearebrilliant**

# ANNUAL DATES



Below you will find all of the dates we know so far for the whole of the academic year. We hope that these will support you in your family forward planning. As we are releasing these dates so far in advance, they may change but if they do we will colour any additions or amendments in red so that you can see them and communicate changes in advance. We do hope that you find this useful.

Date	Activity	Time
<b>NOVEMBER</b>		
29.11.25	Choir Singing at Hunsbury Festive Fair at Hunsbury Library	2.00pm - 3.00pm
<b>DECEMBER</b>		
02.12.25	Reception & Blue Trip	All day
04.12.25	Nest Trip	During school time
05.12.25	Yr 2 & Green Class trip	12.30 - 2.00pm
06.12.25	Christmas Fete	11.00am - 1.00pm
08.12.25	Year 2 & Green Class Assembly	2.30pm - 3.30pm
09.12.25	Reception Nativity	10.00am - 11.00am
09.12.25	Year 5, Red & Yellow Class Trip	All day
10.12.25	Reception Nativity	2.00pm - 3.00pm
11.12.25	iRock Concert	2.45 - 3.15pm
16.12.25	Year 1 Carols by Twinklelight	5.15pm - 6.15pm
17.12.25	Walk In Wednesday Christmas	8.30am - 9.00am
17.12.25	Year 6 & Yellow Christmas Carols & Crafts	2.00 - 3.15pm

17.12.25	End of term reports to families	
18.12.25	Christmas Party Day (Christmas Jumpers and Lunch)	All Day
19.12.25	END OF TERM	
22.12.25 - 2.01.26	CHRISTMAS HOLIDAY	
<b>JANUARY</b>		
05.01.26	TRAINING DAY	
15.01.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
15.01.26	Yr 6 SATs Information meeting	4.30pm - 5.30pm
20.01.26	Yr 4 Multiplication Check information meeting	3.40pm - 4.40pm
21.01.26	Walk In Wednesday Maths	8.30am - 9.00am
27.01.26	Choir to Young Voices	
30.01.26	Kindness Workshop - 52 Lives	Morning
<b>FEBRUARY</b>		
03.02.26	School of Life	10 - 11.30am
06.02.26	FEHPS Bingo Night	5.30 - 7.30pm
09.02.26	Year 3 & Purple Class Assembly	2.30 - 3.30pm
09.02 - 15.02.26	Childrens' Mental Health Week	
10 & 12.02.26	Year 6 Parents' Evening	3.50pm - 6.30pm
10.02.26	Year 1 Phonics Test Information Meeting	3.30 - 4.30pm
16.02 - 20.02.26	HALF TERM	

## MARCH

4 & 5.03.26	Mainstream Parents' Evening (not Yr 6)	3.50pm - 6.30pm
04.03.26	The Hive & Nest Parents' Evening	3.50pm - 6.50pm
04.03 - 11.03.26	Bookfair	After school
11.03.26	Walk In Wednesday Easter Crafts	8.30am - 9.00am
13.03.26	Mufti Day in exchange for Chocolate	
16.03 - 22.03.26	Neurodiversity Week	
19.03.26	iRock Concert	2.45 - 3.15pm
20.03.26	Odd Socks Day for World Downs Syndrome Day	
21.03.26	Easter Cafe	11.00 - 1.00pm
23.03.26	Year 1 Class Assembly	2.30 - 3.20pm
23 or 24.03.26	Yr 5 Shakespeare Production	
24.03.26	Yr 6 & Yellow Faith Tour	All day
25.03.26	<b>Reports go out to families</b>	
26.03.26	The Hive Show	9.30 - 10.30am
27.03.26	Autism Awareness Day - Wear Bright Colours (No Charge)	All Day
30.03 - 10.04.26	EASTER HOLIDAY	

## APRIL

21.04.26	School of Life	10- 11.30
22.04.26	Earth Day	All Day
29.04.26	Walk in Wednesday Reading	8.30 - 9.00am

## MAY

11 - 14.05.26	Yr 6 SATS	Mornings
18.05.26	Year 5 and Yellow Class Assembly	2.30pm - 3.30pm
19.05.26	School of Life	10 - 11.30am
21.05.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	
25 - 29.05.26	HALF TERM	

## JUNE

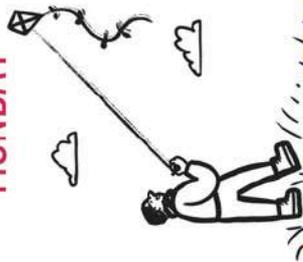
01 - 12.06.26	Yr 4 Multiplication Check	
04.06.26	Reception Sports Day	9.30 - 11.00am
08 - 12.06.26	Yr 1 Phonics Check	
10.06.26	SU Sports Morning	9.30 - 11.30am
13.06.26	Northampton Carnival	
16 or 17.06.26	Yr 5 NMPAT Festival	
18.06.26	Year 6 Sports Day	1.30pm - 3.00pm
19.06.26	Class Photos	All Day

22.06.26	Reception & Yr 6 Height & Weight checks	Morning
22.06.26	Sports Day Year 1	9.30 - 11am
22.06.26	Sports Day Year 2	1.30 - 3pm
24.06.26	Walk In Wednesday Science	8.30am - 9.00am
25.06.26	Sports Day Year 3	9.30 - 11.00am
25.06.26	Sports Day Year 4	1.30 - 3.00pm
26.06.26	Careers Fair	TBC
27.06.26	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Yellow)	11.00 - 1.30pm
29.06 - 02.07.26	Yr 5 Bikeability	
<b>JULY</b>		
29.06 - 02.07.26	Yr 3 Residential Trip	(2 nights per class)
02.07.26	Yr 4 & Orange Class Assembly	2.30 - 3.30pm
03.07.26	Music Gala	5.30pm - 7.30pm
06.07.26	Reception & Blue Class Assembly	2.30 - 3.30pm
09.07.26	Yr 5 Sports Day	1.30 - 3.00pm

09.07.26	iRock Concert	2.45 - 3.15pm
14.07.26	Yr 6 Leavers' Performance	6.00pm - 7.30pm
15.07.26	The Hive Yr 6 Leavers' Assembly	9.30am-10.30am
15.07.26	Yr 6 Leavers' Performance for toddlers to attend	5.00pm - 6.30pm
15.07.26	End of year reports go to families	
16.07.26	Mufti for winning House	
16.07.26	Year 6 Leavers' Party	7.00pm - 9.00pm
17.07.26	Mainstream Yr 6 Leavers' Assembly	10.00 - 11.00am
17.07.26	END OF TERM	

# New Ways November 2025

MONDAY



3 Get outside and observe the changes in nature around you

TUESDAY



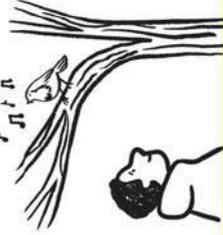
4 Sign up to join a new course, activity or online community

WEDNESDAY



5 Change your normal routine today and notice how you feel

THURSDAY



6 Try out a new way of being physically active

FRIDAY



7 Be creative. Cook, draw, write, paint, make or inspire

SATURDAY

1 Make a list of new things you want to do this month

SUNDAY

2 Respond to a difficult situation in a different way

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together

# YOUR YOUTH CLUB IS CHANGING!

ART & CRAFTS • SPORTS • FREE TIME

Danes Camp  
Leisure Centre

# FREE YOUTH CLUB\*

Every Tuesday

7-13 years, 5.30pm-7pm

Flexible drop-in session -  
drop in at any time  
and stay for as long  
as you like!



Funded by:



East Hunsbury  
Parish Council

Danes Camp Leisure Centre, Clannell Road, NN4 0RX

\*Please note these sessions  
are only available for  
children and young people  
residing within the East  
Hunsbury Parish. You will be  
asked to supply an eligible  
postcode to attend.



[WWW.TRIOLOGYACTIVE.CO.UK](http://WWW.TRIOLOGYACTIVE.CO.UK)

OR CALL US ON: 03330 439 900

St Benedict's Church  
NORTHAMPTON

# CHRISTMAS TREE FESTIVAL

## WHY NOT ENTER OUR BEST DRESSED CHRISTMAS TREE COMPETITION

THEY CAN  
BE REAL,  
ARTIFICIAL  
OR  
HOMEMADE



ENTER AS  
A FAMILY,  
SCHOOL,  
GROUP OR  
BUSINESS

SAT 6<sup>TH</sup> DEC 10AM-6PM

For more details and to enter contact:

[admin@stbens.uk](mailto:admin@stbens.uk)

Trees to be in St Benedict's Church by Friday 5<sup>th</sup> Dec



We are appealing to  
parents to think twice  
before buying their  
children e-scooters as  
presents this Christmas.

Did you know it is illegal  
to ride electric scooters  
on public roads,  
pavements and cycle  
lanes.

Police can seize any private  
scooter if they are being  
used on a public road or  
footpath and the rider may  
also be liable for prosecution  
for traffic offences.

#knowthelaw

#scootsafe

Consider a different gift  
this Christmas.



West  
Northamptonshire  
Council



Northamptonshire  
NSRA  
Safer Roads Alliance

WNC are working in partnership with Northants Police, Northamptonshire Fire and Rescue and Northamptonshire Safer Road Alliance on a campaign to tackle illegal use of Electric Scooters.

We are appealing to parents to think twice before buying their children e-scooters as presents this Christmas given the inherent dangers in them being driven recklessly and the potential for unintentional law breaking.

We want to highlight the dangers of riding e-scooters illegally on roads, pathways and cycle lanes.

Last year, 47 people were injured in collisions involving e-scooters in Northamptonshire. Please take heed of the safety warnings and the potential for prosecution and avoid buying these vehicles for Christmas.

We understand that buying an  
e-scooter can be tempting,  
especially as you can get them  
from many popular retailers.

### However, the current law is clear

You can buy one but you can't ride it on  
a UK public road, cycle lane or pavement.  
The only place an e-scooter can be used  
is on private land.

### Why is this?

E-scooters are classified as Personal Light  
Electric Vehicles (PLEVs), so they are  
treated as motor vehicles and subject to  
the same legal requirements, such as:

- MOT
- Licensing
- Tax
- Insurance

Some e-scooters have exceptions to this as  
part of the government trial but this does  
not extend to any personal e-scooters.

### What happens if I am stopped by Police?



Section 59 of the police  
reform act allows police to  
issue a warning if a vehicle is  
being used in a manner which  
may cause alarm, distress or  
annoyance. Being issued with this warning  
does not stop the e-scooter being seized.

Police can seize any private scooter if  
they are being used on a public road  
or footpath and the rider may also  
be liable for prosecution for traffic  
offences.

This is also the case for anyone using  
Voi scooters without a licence or  
registering with the Voi app as this is  
what covers you under their insurance.

voi.



Voi are a company that are running a trial of  
the use of e-scooters in Northampton but  
will be expanding the use of the scooters  
across the county.

Voi e-scooters have an exemption as part of  
the government trial which make them legal  
for use on the road.

To use a Voi scooter you must:

- Be over 18 AND
- Have a full UK or foreign licence or a UK provisional licence
- Have an account registered with Voi via their website or app
- Only use the e-scooters on roads limited to 30mph (not on pavements) or designated cycle lanes.
- Always have full control of the e-scooter whilst you are riding and not allow yourself to be distracted by other things.

You must not:

- Use an e-scooter if you are under 18
- Use an e-scooter if you do not have the correct licence
- Ride the e-scooters on pavements
- Ride an e-scooter under the influence of drink/drugs
- Ride an e-scooter using someone else's Voi account
- Have more than one rider on an e-scooter at a time

For full details on their use look on Voi's website or on their app [www.voiscooters.com](http://www.voiscooters.com)

For education around the use of e-scooters and road safety go to [www.ridethevoila.com](http://www.ridethevoila.com) and complete the online training.



[www.rainnorthants.co.uk](http://www.rainnorthants.co.uk)



## Call for Volunteers

### Cherry Tree Planting Day

Friday 5th December 10am

**Please come and join us!  
We would love your help to  
plant new cherry trees as part  
of RAIN's natural flood  
management programme.**

**Blacky More Open Space  
East Hunsbury  
NN4 0WP**

**Bring wellies, garden  
gloves and warm  
clothes - it could get  
muddy!**



East Hunsbury  
Parish Council

West  
Northamptonshire  
Council

