

EAST HUNSBURY PRIMARY SCHOOL

Newsletter

13th February 2026

MESSAGE FROM THE HEADTEACHER

Dear Families

How have we reached the end of Spring 1 already! The school year is truly whizzing past, and yet each week continues to be filled with moments that make us proud of our wonderful school community. From classroom learning to assemblies and celebrations, it has been a week where our children have shown what it means to work hard, be kind, and believe in themselves and others.

This week has been Children's Mental Health Week, and we've loved seeing the children take part in thoughtful conversations, activities and daily routines that support wellbeing. We take children's mental health seriously. In school we have Children's Mental Health First Aiders (Emma, Krista and Mrs Roberts), and we weave wellbeing opportunities through the whole school day and curriculum - from check-ins and mindful moments to active play and outdoor learning.

A particular strength at our school is our bespoke PSHE curriculum. Across the year, children build a mental fitness toolkit, practising skills such as resilience, self-regulation, problem-solving, empathy and help seeking. We want every child to understand their feelings, know what supports them, and feel confident to ask for help.

How to Get Support

If you are worried about your child's wellbeing, please speak to their class teacher, our pastoral team, or one of our Children's Mental Health First Aiders. We're here to listen and help signpost support.

At the bottom of my newsletter (and featured last week) you will find some family-friendly ideas you can do and some books you could read/share to help look after and care for your mental health and wellbeing.

Assembly

This week's assembly launched Children's Mental Health week. We joined a virtual assembly with 40,000 pupils across the country to hear about this year's theme "This is your place to be." The children learnt all about belonging and why this is important for our mental health. They discussed the places where they felt they belonged with many children stating: "home, school, football or a friends house." They also discussed the importance of helping others to feel like they belong. This will be followed up in class, children will create visual representations of their "place to be."

Special Visitor to Year 1

This week, Year 1 enjoyed a special visit from Jo Elijah, who came to talk to the children about the Jewish celebration of Shabbat (also pronounced "Shabbatta") as part of their RE curriculum. Shabbat is the weekly day of rest in Judaism, beginning at sunset on Friday and ending at sunset on Saturday. Jewish families mark this time by lighting candles, sharing a special meal and spending peaceful time together away from work.

She showed them the special candles, tablecloth and kiddish cup which are part of the Shabbat meal.

She also brought in spices to smell and Challah bread to taste. She showed the children how the food is blessed in Hebrew underneath a special prayer cloth before eating. To mark the end of Shabbat, she demonstrated how the large blue and white Havdalah candle is dipped in wine to put it out before starting a new week.

The children had a wonderful time learning about the Jewish faith, its traditions and its worldview. They asked thoughtful questions, explored new ideas and were fascinated by the meaning behind this important celebration. It was a joyful and enriching experience for everyone.



Year 3 and Purple Class Assembly

What a joy this assembly was! Year 3 and Purple Class performed with such excitement and confidence, showcasing their learning with pride. It was a truly heart-warming moment and even brought a few tears to our eyes. I have loved listening to their singing rehearsals over the past few weeks. Giving children the opportunity to perform together helps them believe in themselves and celebrate their achievements as a team – well done everyone!



Safer Internet Day - 10th February

Tuesday was Safer Internet Day, an important reminder about how crucial it is for children to stay safe online. Every class took part in learning activities around digital safety, responsible choices and speaking up if something doesn't feel right.

We kindly remind families of the importance of parental supervision when children are using devices at home. Working together ensures our children grow into confident, informed and safe digital citizens.

Celebration Assemblies

Today, we ended the week with our celebration assemblies. These moments are always a highlight, seeing the children beam with pride as their hard work, kindness, perseverance, and achievements are recognised. They truly embody what it means to Work hard, Be kind, Believe.

Looking Ahead

As we wrap up this busy half term, we want to thank our families for their continued support, partnership, and positivity. It is a privilege to watch your children grow, learn, and thrive each day.

We wish you all a lovely half term break, and we look forward to welcoming everyone back on **Monday 23rd February**, when the school gates open once more for Spring 2 and...

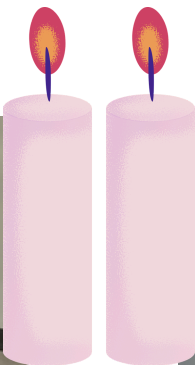
If you celebrate Valentine's Day, I hope it brings some extra kindness, love and joy to your week.

"In a world where you can be anything, be kind."

May we all carry a little extra kindness into the week ahead toward ourselves, our families, and each other.

Ms Pennington

Year 1 learnt about Shabbat

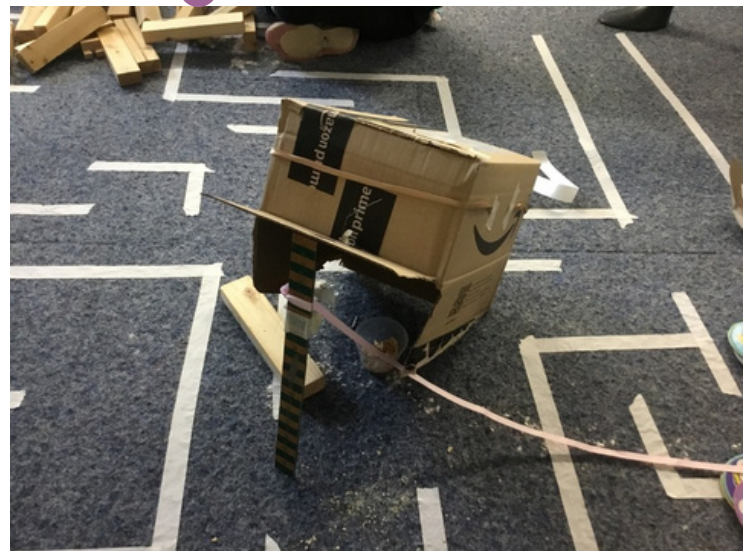


The Hive News - Red Class

It has been a busy term for Red Class. Our Talk for Writing focus has been on instructions, and we were surprised at the start of term to discover quite a mess in our classroom. We set to work investigating what it could be and created our own traps! We looked at our text 'How to Trap a Dragon' and had a go at digging our own trap in Forest School, following the instructions and investigated different instruction types to discover the features of an instruction text.



We explored several different instructions, including some cooking. We made our own pitta pizzas and our own sandwiches as well. We are excited this week to finish innovating our instructions and completing our writing. We have also particularly enjoyed discovering more about instructions in computing, learning about algorithms, giving directions and following instructions to complete a task using technology.



NHS Five Steps to Wellbeing – Family Ideas

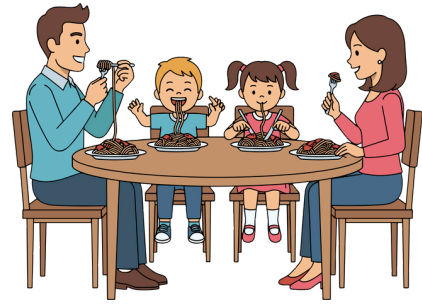
Here are some family-friendly ideas, based on the NHS advice, that you could try at home:

Connect

- Share a device-free dinner and “rose & thorn” of the day (best bit/challenging bit).



- Call or voice-note a grandparent or friend together.



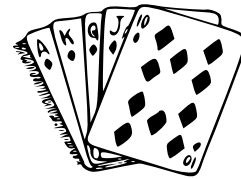
Be Active

- Take a brisk family walk or scooter loop; try a five-minute living-room dance-off.
- Do a simple stretching routine before bed.



Keep Learning

- Learn a new card game, recipe or origami fold.
- Choose a “fact of the week” for the family to look up and share.



Give

- Write a thank-you note, donate a book/toy, or do a secret helpful job at home.



- Make a “kindness calendar” and tick off small acts each day.



Take Notice (Be Mindful)

- Try a 3-breath pause together or notice e.g. 5 things you can see, 4 you can feel, 3 you can hear, 2 you can smell, 1 you can taste.
- Look for signs of the season on a short nature walk.

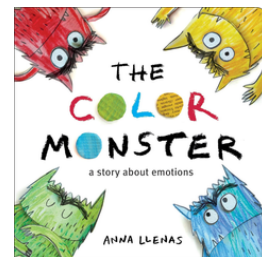


Books to Read Together – Emotions & Mental Health

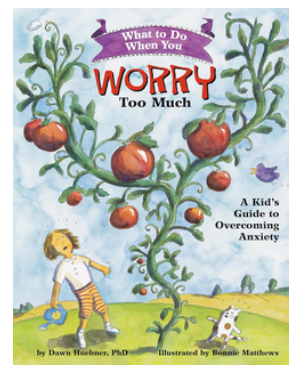
Happy: A Children's Book of Mindfulness — Nicola Edwards (calm, focus, noticing)



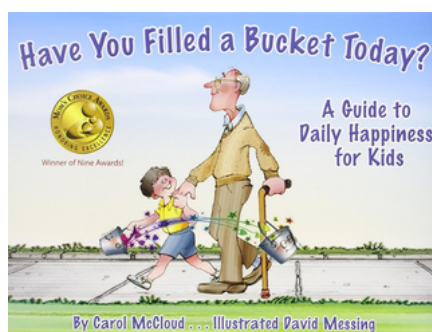
The Colour Monster — Anna Llenas (feelings made visible for younger children)



What To Do When You Worry Too Much — Dawn Huebner (older primary, practical strategies)



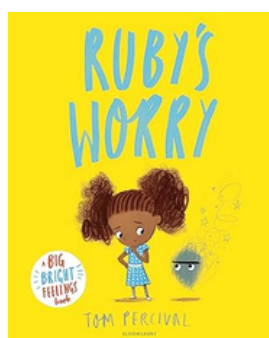
Have You Filled a Bucket Today? — Carol McCloud (kindness and emotional literacy)



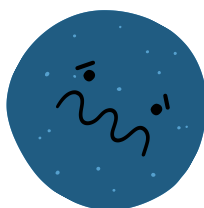
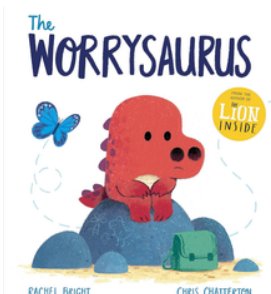
The Huge Bag of Worries — Virginia Ironside (a classic for talking worries through)



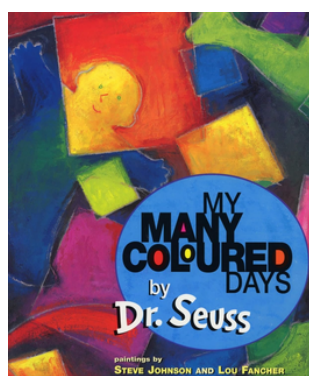
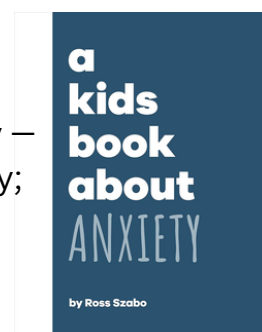
Ruby's Worry — Tom Percival (naming worries and sharing them)



The Worrysaurus — Rachel Bright (courage and reassurance)



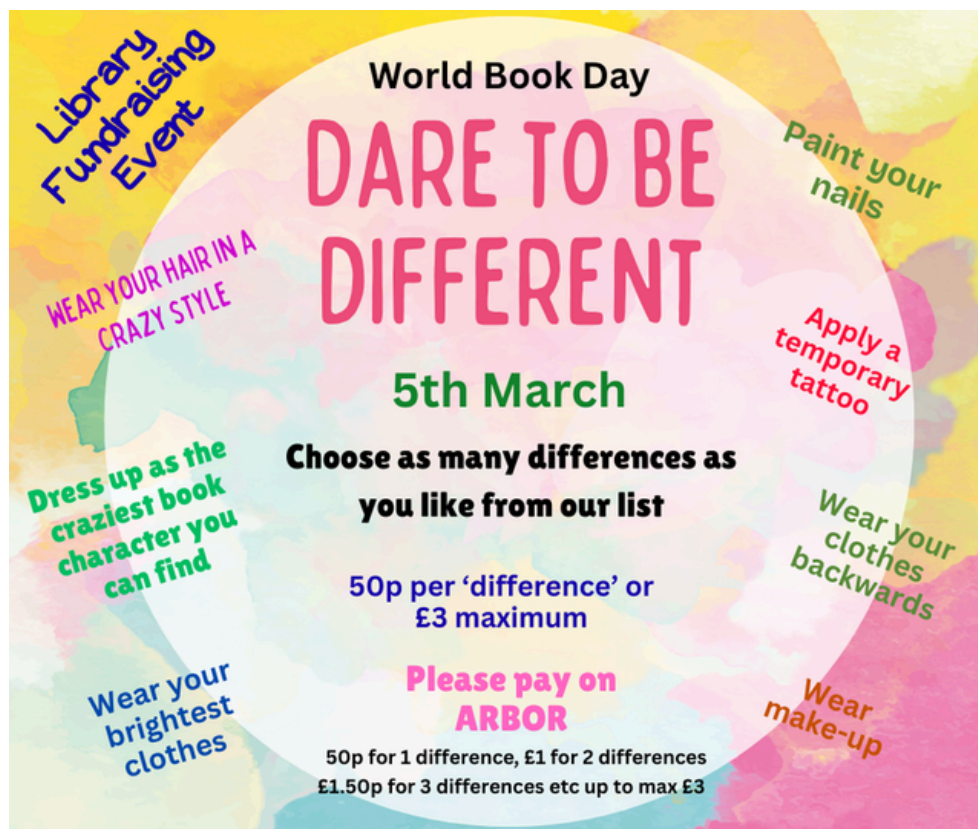
A Kids Book About Anxiety — Ross Szabo (upper primary; honest, accessible)



My Many Colored Days — Dr. Seuss (younger primary; moods and self-acceptance)



The Invisible String — Patrice Karst (connection when we're apart)



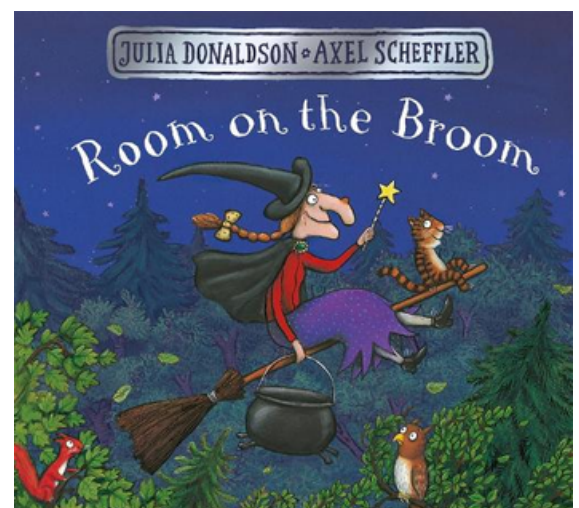
Instructions for paying on Arbor

1. Log into your Arbor account.
2. Go into "Clubs"
3. Select "Dare to be Different Day"
4. **You will need to manually enter the amount to pay - 50p for 1 difference, £1 for 2 differences, £1.50 for 3 differences up to a maximum of 6 differences for £3.**
5. Once you have selected the amount you can add this to your basket and make the payment.

Half term fun

Join Witch and her friends on an enchanting adventure at Salcey Forest.

This interactive family trail is packed with Room on the Broom themed activities, fascinating forest facts and plenty of hands-on fun. [Click here](#) for more information.



STARGAZING at DELPARE ABBEY

27th February 7pm - 9pm

Join Northampton Natural History Society's Astronomy Group for an evening of stargazing outside the Abbey! [Click the link](#) for more information.





MUSIC AWARDS

RFLRS – Shawn
RAM – Lewis
1LK – Freida
1MC – Lucy

2DW – Sebastian
2HD – Olivia
3AP – Titan
3CW – Alex

4CH – Poppy G
4AG – Blake H-W
5BC – Celina
5KR – Ivana

6CL – Sophie
6AK – Archie

COMMUNITY CUP WINNERS



Children and staff nominate someone in their class for being brilliant. It can be for anything that they have been spotted doing and should be recognised for.

The Nest - Liam
RAM - Nathan
RFLRS - Zainab
1MC - Bobby
1LK - Lottie
2DW - Sebastian
2HD - Jackson

3CW - Gregory
3AP - Curtis
4CH - Ava
4AG - Agam
5KR - Isla
5BC - Celina

6AK - Jack
6CL - Andrada
KS1 The Hive - Thomas
KS2 - The Hive - Lucas

February Issue



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

[CLICK HERE FOR WEST NORTHAMPTONSHIRE'S NEWSLETTER](#)

Northampton Neighbourhood Police Team

BIKE SECURITY MARKING

Wednesday 18th February at 1pm-3pm
Outside Hunsbury Library, Overslade Close, NN4 0RZ

For more crime prevention advice visit
www.northants.police.uk/cp/crime-prevention



Members of the Local Police Team will be available to give security advice and answer questions FREE OF CHARGE

[Click here for Crime Prevention Advice](#)

LOOK what we received



BUCKINGHAM PALACE

Private and Confidential

2nd February, 2026

To: Everyone in The Kindness Club at East Hunsbury Primary School,
Northampton,
c/o Kelly Roberts, Health and Wellbeing Lead

The King has asked me to thank you for your lovely Christmas card, with which you so generously enclosed a Kindness Ambassador pin.

It was so thoughtful of you to take the trouble to write as you did. Although His Majesty is unable to reply personally, I can tell you that The King is always delighted to hear of those, like yourselves, who devote enormous amounts of time and energy to community-spirited endeavours. His Majesty was most heartened to learn that East Hunsbury Primary School was recently voted the kindest school in the United Kingdom, and was greatly inspired to hear of the initiatives you have led to spread kindness in your community.

Thank you, once again, for thinking of The King, who has asked me to send his warmest good wishes to everyone at East Hunsbury Primary School.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'James Dawson'.

James Dawson
Head of Royal Correspondence



Do you have any unwanted wellies and outdoor waterproof coats that your children have outgrown, ages 4 - 11 years.

Please leave any donations, in a bag, by the bench in the Year 4 courtyard. Any queries, please contact Julia Fenton, Assistant Headteacher.



After over 2 years avoiding getting so much as a trim, one of our parents, Nick Caldwell, is donating their hair to the [Little Princess Trust](#) in March. They're taking the opportunity to do some fundraising for them too. If you wish to support Nick, please [click the link](#) for the JustGiving page.

**PLEASE
READ**



[Click here to read the NPAT Parent/Visitor Code of Conduct](#)

Attendance News

Whole school average attendance this week was

96.22%

We are aiming to be at **96% + every week.**

	Weekly Attendance	Year Group	Weekly Attendance
Reception	95.68%	1	97.17%
2	97.84%	3	96.58%
4	94.40%	5	93.97%
6	98.18%		

Mufti Days

05.03.26	Dare to be Different	50p per difference
13.03.26	Donations for Chocolate Hampers	
20.03.26	Wear odd socks for World Down Syndrome Day	No charge
27.03.26	Autism Awareness Day - Wear Bright Colours	No charge
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	No charge
16.07.26	Mufti for winning House (winning House announced on 13 th July)	No charge



Outdoor Play and Learning

SMALL PARTS DONATION

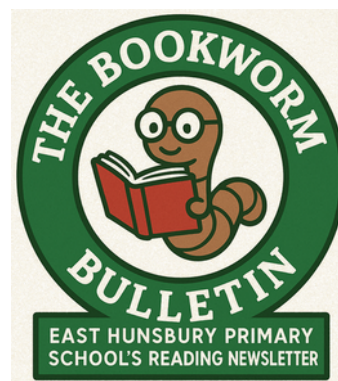
This week we are collecting



Please leave your donations in the black box outside the school office



[Click here](#) to read
our Bookworm
Bulletin Reading
Newsletter



New Children's online safety website launching on 16th February

We need your help in keeping children safe online. The Government is launching a new website on 16 February 2026 to support families and encourage regular conversations about what children are seeing online, asking simple questions, like “who shared this” and “why?”. Based on parents' main concerns and needs, it provides:

- tips for parents' conversations with their children
- actions to support each stage of their child's life
- parental controls information

There are also signposts to trusted resources from charities and third parties, where parents can access other forms of support (like speaking to an expert).

The website will continue to grow and be developed this year, supporting the [Online Safety Act](#) and wider government aims.

Click the link for more information. [Kids online safety](#)

THANK
YOU

to everyone who came to the FEHPS
Bingo Evening. You raised a massive
total of £815.



We cannot authorise holidays
during term time so please do
not book them.



THINGS TO DO during half term

How many have you completed? Have you started a scrapbook to document your activities?



EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	193	224	215	162
Grand total	4325	4405	4088	3877

Show your support for our Half Marathon runners



Miss McIntyre, Mrs Wardell, Mr Horsler and Mr Guilder will be taking on the challenge of the Pitsford Half Marathon on 1st March to raise vital funds for new Early Years outdoor resources, helping us continue to enhance our provision and create inspiring spaces for learning and play. Please show your support for our amazing runners by donating and cheering them on! Every contribution makes a difference.

[Click here to donate](#)

Uniform Price Reduction

Jules@Home will be **reducing the cost of school uniform** with the old logo on it. Children can wear the uniform until it wears out and the old logo will always be allowed.

We encourage you to keep passing items down and making use of our pre-loved uniform sales too - sustainability and community remain very important to us.



Look out for details of future pop up shops via email

Walk in Wednesday dates

11.03.26	Walk in Wednesday 4 - Easter Crafts	08:30-9:00	Classroom
29.04.26	Walk in Wednesday 5 - Reading	08:30-9:00	Classroom
24.06.26	Walk in Wednesday 6 - Science	08:30-9:00	Classroom

Who's been brilliant this week?

You Are Brilliant!

WB 09/02/26

Rec musical bits:
Daniel, Sophie, Ara
and Erika

Year 3 and
Purple class
for a fantastic
class assembly!

Theodore for
your brilliant
story 😊

Harley + Tom
for your fabulous
comic!

• Emma, Ewa • 😊

Helen in Blue
Class for always
working hard and
being kind •

Khloe + Matei
for great
phonics!

Thomas - Green Class
for fantastic story writing! ❤️

Anelia
in Green Class
for fantastic interactions
with the children •

FEHPS
for a fun packed
Bingo Night!
lots of prizes and
happy faces 😊

Caleb for
fantastic singing
in 'Sing and Sign'

The Year 3
Team!
You always
pull together
and are
fantastic!

Neli children
for amazing
assessments!

Yr 5 Musical
bits:- Dhaer,
Rosa, Viduka
& Noah J

Lauren
for helping
Blue Class....
THANK YOU

Andi (Yr 3)
For lovely role-
play in Rainbow
Room 😊

Kindness shoutouts ★

PENNY (Yr 1)
Bella (Yr 1)
JOSEPH (Yr 1)
Thomas (Yr 1)
Livvy (Yr 1)
Lily (Yr 1)
Lydia (Yr 1)
Maizey (Yr 1)
Izzy (Yr 1)
Amalia (Yr 1)
Reid (Yr 1)
Edward (Yr 1)
DAVID (Yr 1)

Cillian (Green)

Be Kind. Work Hard. Believe.





E-Safety & Wellbeing



Online Safety Newsletter Safer Internet

Established by the UK Safer Internet Centre (UKSIC), Safer Internet Day (SID) is celebrated around the world. This year, on Tuesday 10th February 2026, it will be celebrated with the theme:

'Smart tech, safe choices – Exploring the safe and responsible use of AI'

Contents

UKSIC Resources

As usual, the UKSIC have created some fantastic resources, which includes top tips, help and advice and quizzes to help you start a conversation with your child. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026/top-tips-for-parents-and-carers>

What is AI and is it safe?

Internet Matters has a wealth of information on their website about AI, including is it safe for children to use, privacy and data considerations, examples of popular tools and the risks that you should be aware of. You can access this information here:

<https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-artificial-intelligence/>

AI Chatbots

Parent Zone have published an article highlighting what you need to know about chatbots, and the growing role of artificial companions. The article discusses what an AI friend is, the minimum age rating for using a chatbot, the appeal and the risks of AI friends as well as what you can do if your child is using them. You can access it here:

<https://parentzone.org.uk/article/ai-chatbots>

AI Tips from the NSPCC

This article from the NSPCC introduces AI tools and discusses what AI generated content is. It also includes tips on how to support your child to use AI safely. Read the article here:

<https://www.nspcc.org.uk/about-us/news-opinion/2025/artificial-intelligence-safety-tips-for-parents/>

Parenting in the AI age

UNICEF have published an article discussing how to approach AI with your child. It discusses how AI can help promote learning as well as some of the dangers. You can find the article here:

<https://www.unicef.org/parenting/digital-ai-parenting/how-approach-ai-children>

Resources for Parents and Carers from London Grid for Learning (LGfL)

LGfL have several resources on their website in support of SID, including a video about what children are being exposed to online with generative AI tools. You can find the resources here:

<https://lgfl.net/safeguarding/safer-internet-day>

1 What is AI and is it safe?

2 AI Chatbots

3 UKSIC Resources

4 Parenting in the AI age

[Click here for more information](#)

Top Tips

1 Find ways to remember

2 Explain clearly what death is

3 Be prepared for questions

4 Encourage coping strategies

[Click here for more information](#)

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this hardship?

- 1 UNDERSTAND WHAT GRIEF IS**
Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.
- 2 MEET THE CHILD WHERE THEY ARE**
This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experience and their understanding of death – and in the context of their religious or community beliefs.
- 3 EXPLAIN CLEARLY WHAT DEATH IS**
It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "die". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.
- 4 BE PREPARED FOR QUESTIONS**
On subjects such as this – especially when it involves a person who was important to them – children and young people often have lots of questions, or at times, more than one. Sometimes, new questions about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.
- 5 FIND WAYS TO REMEMBER THEM**
It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure. For instance, you and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.
- 6 ENCOURAGE COPING STRATEGIES**
You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.
- 7 REACH OUT FOR SUPPORT**
If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress. The Mix offers specialist support to people under 25, and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123
WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994
WINSTON'S WISH:
08088 020 021

VISIT OUR WEBSITE FOR MORE ONLINE SAFETY & WELLBEING INFORMATION

BE KIND

WORK HARD

BELIEVE

ANNUAL DATES



Below you will find all of the dates we know so far for the whole of the academic year. We hope that these will support you in your family forward planning. As we are releasing these dates so far in advance, they may change but if they do we will colour any additions or amendments in red so that you can see them and communicate changes in advance. We do hope that you find this useful.

Date	Activity	Time
FEBRUARY		
16.02 - 20.02.26	HALF TERM	
23.02.26	School reopens to all pupils	
MARCH		
03.03.26	Yr 4 Trip	All day
4 & 5.03.26	Mainstream Parents' Evening (not Yr 6)	3.50pm - 6.30pm
04.03.26	The Hive & Nest Parents' Evening	3.50pm - 6.50pm
04.03 - 05.03.26	Bookfair & Uniform Sale	After school
05.03.26	Dare to be Different Mufti	50p per difference (£3 max)
11.03.26	Walk In Wednesday Easter Crafts	8.30am - 9.00am
12.03.36	Yr 5 Trip	All Day
13.03.26	Mufti Day in exchange for Chocolate	
16.03 - 22.03.26	Neurodiversity Week	
19.03.26	iRock Concert	2.45 - 3.15pm

20.03.26	Odd Socks Day for World Down Syndrome Day	
21.03.26	Easter Cafe	11.00 - 1.00pm
23.03.26	Year 1 Class Assembly	2.30 - 3.20pm
24.03.26	Yr 5 Shakespeare Production	
24.03.26	Yr 6 & Yellow Faith Tour	All day
25.03.26	Reports go out to families	
26.03.26	The Hive Show	9.30 - 10.30am
27.03.26	Autism Awareness Day - Wear Bright Colours (No Charge)	All Day
30.03 - 10.04.26	EASTER HOLIDAY	
APRIL		
13.04.26	School reopens to all pupils	
21.04.26	School of Life	10- 11.30
22.04.26	Earth Day	All Day
29.04.26	Walk in Wednesday Reading	8.30 - 9.00am
MAY		
07.05.26	New Intake Evening (Reception 2026)	5.00pm - 6.00pm
11 - 14.05.26	Yr 6 SATS	Mornings
18.05.26	Year 5 and Yellow Class Assembly	2.30pm - 3.30pm
19.05.26	School of Life	10 - 11.30am

21.05.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	
25 - 29.05.26	HALF TERM	
JUNE		
01.06.26	School reopens to pupils	
01 - 12.06.26	Yr 4 Multiplication Check	
04.06.26	Reception Sports Day	9.30 - 11.00am
08 - 12.06.26	Yr 1 Phonics Check	
10.06.26	SU Sports Morning	9.30 - 11.30am
13.06.26	Northampton Carnival	
16 or 17.06.26	Yr 5 NMPAT Festival	
18.06.26	Year 6 Sports Day	1.30pm - 3.00pm
19.06.26	Class Photos	All Day
22.06.26	Reception & Yr 6 Height & Weight checks	Morning
22.06.26	Sports Day Year 1	9.30 - 11am
22.06.26	Sports Day Year 2	1.30 - 3pm
24.06.26	Walk In Wednesday Science	8.30am - 9.00am
25.06.26	Sports Day Year 3	9.30 - 11.00am
25.06.26	Sports Day Year 4	1.30 - 3.00pm

26.06.26	Careers Fair	TBC
27.06.26	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Yellow)	11.00 - 1.30pm
29.06 - 02.07.26	Yr 5 Bikeability	
JULY		
29.06 - 02.07.26	Yr 3 Residential Trip	(2 nights per class)
02.07.26	Yr 4 & Orange Class Assembly	2.30 - 3.30pm
03.07.26	Music Gala	5.30pm - 7.30pm
06.07.26	Reception & Blue Class Assembly	2.30 - 3.30pm
09.07.26	Yr 5 Sports Day	1.30 - 3.00pm
09.07.26	iRock Concert	2.45 - 3.15pm
14.07.26	Yr 6 Leavers' Performance	6.00pm - 7.30pm
15.07.26	The Hive Yr 6 Leavers' Assembly	9.30am-10.30am
15.07.26	Yr 6 Leavers' Performance for toddlers to attend	5.00pm - 6.30pm
15.07.26	End of year reports go to families	
16.07.26	Mufti for winning House	

16.07.26	Year 6 Leavers' Party	7.00pm - 9.00pm
17.07.26	Mainstream Yr 6 Leavers' Assembly	10.00 - 11.00am
17.07.26	END OF TERM	

YOUR YOUTH CLUB IS CHANGING!
ART & CRAFTS • SPORTS • FREE TIME

Danes Camp Leisure Centre

FREE YOUTH CLUB*

Every Tuesday
7-13 years, 5.30pm-7pm
Flexible drop-in session - drop in at any time and stay for as long as you like!

TRIOLOGY ACTIVE Funded by:
East Hunsbury Parish Council

Danes Camp Leisure Centre, Clannell Road, NN4 0RX
WWW.TRIOLOGYACTIVE.CO.UK
OR CALL US ON: 03330 439 900

*Please note these sessions are only available for children and young people residing within the East Hunsbury Parish. You will be asked to supply an eligible postcode to attend.

WORLD BOOK DAY

Outfit Recycle

RECYCLE - READ - REUSE

We're offering a book character outfit recycle to help families save money and reduce waste. Bring in unwanted book character outfits that children have outgrown or are fed up with, and pick up another one from the rail.

Donate book character outfits From 19th January
East Hunsbury Parish Council Office,
Hunsbury Library, Overslade Close, NN4 0RZ

Choose a new book character outfit From 16th February up until World Book Day - 5 March
See the book character outfit rail in the library (Whilst stocks last)

And don't forget to pick up a book on your visit!
Ask the library for more information on joining the library if you are not already a member.

Organised by:
East Hunsbury Parish Council
easthunsburyparishcouncil.gov.uk

Friendly February 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Send a message to let someone know you're thinking of them

2 Ask a friend how they have been feeling recently

3 Do an act of kindness to make life easier for someone

4 Invite a friend over for a 'tea break' (in person or virtual)

5 Make time to have a friendly chat with a neighbour

6 Get back in touch with an old friend you've not seen for a while

7 Show an active interest by asking questions when talking to others

8 Share what you're feeling with someone you really trust

9 Thank someone and tell them how they made a difference for you

10 Look for good in others, particularly when you feel frustrated with them

11 Send an encouraging note to someone who needs a boost

12 Focus on being kind rather than being right

13 Smile at the people you see and brighten their day

14 Tell a loved one or friend why they are special to you

15 Support a local business with a positive online review or friendly message

16 Check in on someone who may be struggling and offer to help

17 Appreciate the good qualities of someone in your life

18 Respond kindly to everyone you talk to today, including yourself

19 Share something you find inspiring, helpful or amusing

20 Make a plan to connect with others and do something fun

21 Really listen to what people say, without judging them

22 Give sincere compliments to people you talk to today

23 Be gentle with someone who you feel inclined to criticise

24 Tell a loved one about the strengths that you see in them

25 Thank three people you feel grateful to and tell them why

26 Make uninterrupted time for your loved ones

27 Call a friend to catch up and really listen to them

28 Give positive comments to as many people as possible today



ACTION FOR HAPPINESS

Happier · Kinder · Together