EAST HUNSBURY PRIMARY SCHOOL



Newsletter

8th March 2024



Dear Families

Another wonderful week and Easter doesn't seem that far away now! It is lovely that the nights are getting a little lighter too.

Thank you to everyone who attended this week's Parents' Evening. There was a wonderful buzz around the school and it was lovely to talk to so many of you. Thank you as well for supporting our book fair.

House Assembly

The week started with our 4th House Assembly led by our House Leaders: Miss Stryjek, Mrs New, Mrs Halsall & Mrs Linnell and Mrs Kelly.

The assembly started by reporting the house points totals. Congratulations to Whittlewood who are currently in the lead.

Mrs Kelly and Sarah Halsall went on to explain the 3 ways the children can earn house points this term.

- 1. We will be focusing on the school value "Work hard"
- 2. Change Makers are collecting 10p pieces the house which collects the most will earn 100 points

3. Taking part in our house event this term which is decorating an Easter egg. This can be in any form the children wish - paint an egg, build a lego egg, colour a picture, dye a hard boiled egg etc. This is to be done at home and brought to school on Friday 22nd March. All entries will earn a house point. Each year group will chose a winner earning 10 points. Mrs Pennington will chose a school 1st, 2nd and 3rd who will earn 30, 20 and 10 points respectively. All eggs will be displayed at the Easter Cafe on Saturday 23rd March.

The houses are really uniting our children and it is wonderful to see our mini communities strengthening our whole school community. Still lots planned for this year and the children are currently very excited about the 10p challenge.

Who can you speak to if you have a question?

Please remember that if you have any concerns or question (or want to report something positive!) your first port-of-call is your child's class teacher but please also note below the leader assigned to your child's phase:

- Mrs Kelly Roberts Reception
- Mrs Lindsey York Years 1 and 2 (Assistant Head and SENCo)
- Mrs Julia Fenton Years 3 and 4 (Assistant Head)

- Mrs Sarah Heavens Years 5 and 6 (Assistant Head)
- Mrs Lucy Boswell Head of the Specialist Unit

Of course, if you need to speak to me, my door is always open and you can contact me via **email**, Class Dojo or via the main school office.

World Book Day

This week we also enjoyed World Book Day. Did you hear us on BBC Radio Northampton? To be honest, every day here at EHPS is a book day! However, the day started with a whole school reading assembly led expertly by our Reading Ambassadors. Then, throughout the day we heard children read and also read with a friend from across the school – we love reading together. During World Book Day we launched our new reading spine called: **Be You. Be Proud**. It is a collection of books which supports children's individuality and is inspired by our Protected Characteristics. There are lots of pictures of our bookish activities later in the newsletter.

Mental Health week - My Voice Matters

Mental Health week was 5 - 11th February but I thought that it would be useful to reshare some of the important information with you. Later in the newsletter, you'll find information which gives guidance on how you can talk to your child about Mental Heath – the conversation starters are great.

Easter Cafe

We are very excited about our Easter café that is coming up on Saturday 23rd March. We are looking forward to organising an Easter egg hunt and more information will be shared in the very near future but please note that we will be having a chocolate **mufti day** (bring in chocolate in exchange for wearing your own clothes) on **15th March** to make our famous Chocolate hampers! Yum! Raffle tickets will be on sale very soon.

Walk in Wednesday

On 13th March, it's Walk in Wednesday. Come and enjoy some Easter Craft activities in the classroom with your child between 8.30am and 9.15am.

Holidays and car park (again!)

Again... please, please do not book holidays in school time. We cannot authorise them and you may incur a fine from the Local Authority. This week's attendance is over 96% which is great – let's keep it there!

You are not allowed to enter the school car park unless you have a green EHPS parking pass or a blue badge – even when it is raining!

Red Nose Day 15th March 2024

We will not be dressing up for Red Nose Day but it you would like to make a donation <u>click here</u>. Children are also welcome to wear a Red Nose if they have purchased one.

Finally, Happy International Womens' Day to all of the wonderful women out there, including those that work at EHPS to educate you children and make sure the school runs so smoothly. But also, to the 3 especially important ones in my life - my Mum and my twins - Happy International Womens' Day!

Wishing you all a lovely weekend and, if you are celebrating Mothers' Day, I hope you have a brilliant time.

Ms Pennington

SU NEWS - PURPLE CLASS

In the last week of last half term **Purple class** had a Valentine's day PSHE session thinking about love. They all brought in a heart on which their families had sent in a special message saying why they were loved. Everyone listened carefully to the special messages from home before decorating the hearts. They look great hanging up in the classroom.



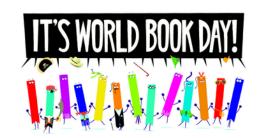
Our class text was "Handa's Surprise" so we enjoyed some fruit tasting, a drama session and created our own story "Akeyo's surprise". This half term we have already started work on "Goldilocks and the 3 Bears" - I can see porridge coming soon!

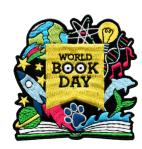
Sensory circuits help us regulate our bodies ready for learning and Purple class enjoy bouncing and travelling, followed by relaxation. We often use "Moovlee" to help us breath, calm and relax. These are short, easily accessible videos which are great to use at home as well.











This year World Book Day was all about reading *your way*. Following an assembly led by the reading ambassadors, the children were immersed in reading. They read with their teacher, they read with a buddy from another class, they heard hear lots of stories. The children had the opportunity to hear from lots of authors, hear recommendations, join in some quizzes and enter some competitions.

Reading is at the heart of everything we do at EHPS and we want to make sure that our children have the opportunity to celebrate books, foster a love of reading and grow their reading miles.

If you read just one book a day to your child, they will have been read 1,825 books by their 5th birthday. Every day counts, every book counts. Reading matters.

Ten reasons why reading matters:

- 1. builds neural pathways in the brain
- 2. develops the imagination
- 3. improves focus and concentration
- 4. improves memory
- 5. improves communication
- 6. a shared book is a bonding experience
- 7. develops language
- 8. improves fluency
- 9. improve empathy
- 10. it is a form of entertainment



HERE'S THE IMPACT OF **READING 20** MINUTES PER DAY!

A student who reads

A student who reads A student who reads

minutes per day

minutes per day

minute per day

will be exposed to 1.8 MILLION words per year

and scores in 90th PERCENTILE

on standardized tests

will be exposed to 282.000 and scores in

on standardized tests

will be exposed to 8.000 words per year

and scores in 50th PERCENTILE 10th PERCENTILE on standardized tests















Buddy Reading

Today each year group got to spend time with their SU link class, and another year group, to read a book with one another. It was so much fun!







Did you hear us on the radio?

If you didn't, you can listen by <u>clicking on this link</u>:
Timings should be around 1hr 20/1hr 50/2hr 20/2hr 50.
Well done to everyone involved

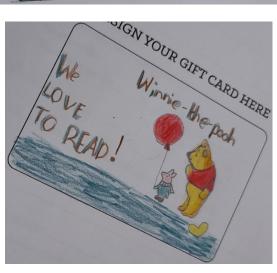
We've been designing book tokens

Children across the school have been busy designing a National Book Tokens gift card, hoping to win money to spend on books. With the World Book Day theme of READ YOUR WAY, the children were thinking about what might make someone want to buy their gift card if it was on display in a real shop.









Can you find the 31 children's book titles in this Picture (answers on the last Page of this newsletter



Attendance News

Whole school average attendance this week was

97.09%

We are aiming to be at 96% + every week.

| | Weekly Attendance | Year Group | Weekly Attendance |
|-----------|-------------------|------------|-------------------|
| Reception | 97.65% | 1 | 97.27% |
| 2 | 94.82% | 3 | 98.79% |
| 4 | 96.33% | 5 | 96.20% |
| 6 | 98.50% | | |

REMEMBER, lateness affects attendance and learning

Walk in Wednesday dates

| 13.03.24 | Walk in Wednesday 4 - Easter Crafts | 08:30-9:15 | Classroom |
|----------|-------------------------------------|------------|-----------|
| 01.05.24 | Walk in Wednesday 5 - science | 08:30-9:15 | Classroom |
| 19.06.24 | Walk in Wednesday 6 - reading | 08:30-9:15 | Classroom |

BE KIND

EHPS HOUSE POINTS TOTALISER



255

2975

This week

Grand total



196

2610



231

2753



209

2869



Changemakers 10P Coin Trail

We need your 10Ps!

All houses will go head-to-head to collect the most 10p's. The winning House will be awarded an additional 100 points. Each class will have a donation pot and we will be collecting up until the Easter holiday on 28th March. Our aim is to make a trail of 10p's to stretch all the way around the school playground.

Let the competition begin!



Please use the pedestrian crossing on Rowtree Road as we are noticing many families crossing the main road and it is very dangerous.



BELIEVE



If you have a blue badge or EHPS parking pass **PLEASE** do not park in our car park excessively early. E.g. **please do not arrive before 8:20am or 3:20pm**. Our car park is getting unnecessarily congested before the start or end of the day.



Healthy mind, healthy body challenge

We are very excited about our PE and PSHE Healthy Mind, Healthy Body challenge. Each week, there will be a PE or PSHE task based on a specific skill for that subject that you can complete at home, either by yourself, with your siblings, or with the whole family!

These activities are not compulsory but are a great way of learning or practicing news skills. You can always show your teacher that you've completed these via the class dojo. Make sure to look for these jobs in the newsletter each week.

Mrs Roberts and Mr Clarke

DRAW ALONG

You will need:

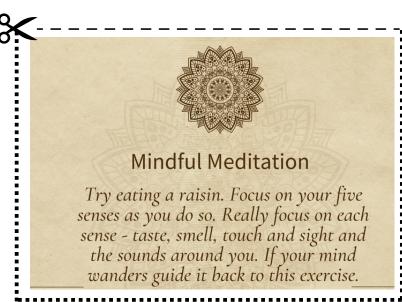
This website link:

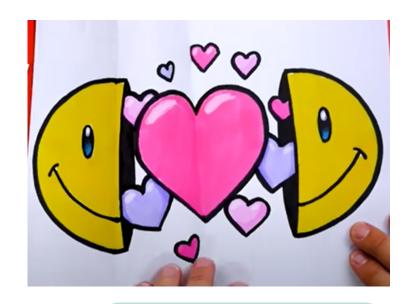
- A piece of paper.
- A pencil or pen to draw with.
- Some colours to colour with.

How to participate:

- Find the quietest place you can.
- Follow the instructions on the video.
- Pause it when you need to.
- Try your best.

Have fun!





March Issue



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

CLICK HERE FOR WEST

NORTHAMPTONSHIRE'S NEWSLETTER

BE KIND WORK HARD BELIEVE

My VOICE MATTERS





TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say - and believe - "My Voice Matters*.

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[4] PARENTINGSMART.ORG.UK

Here's what children and young people told us they need from you:

- We don't need to have 'one-off conversations about our mental health' - sometimes a chat on a journey or at bedtime is enough.
- I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- Please listen to me carefully and acknowledge how I am feeling - it might seem silly to you but what I am going through is important to me.
- Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- Don't compare my experiences to your own when you were a child.
- Sometimes I just need you to listen and hear what I'm saying - I don't always need answers (or lectures)
- Please don't worry about trying to fix things for me - I often just need to know you are there for me and understand what I am going through.



If you are open with me about your feelings, this can help me to be more open about mine.



Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age - my siblings, cousins, friends, younger teachers at school - because they 'get it'.



Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

- For primary children: bit.ly/3PzCGI8
- For secondary children: bit.ly/3LBD2wK





CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

> TELL ME ABOUT YOUR DAY

WHAT WAS THE BEST THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?



Safet



As part of an enriched curriculum, your child will be accessing the internet, school email and virtual learning environment via a filtered service provided by our IT supplier. In order to support the school in educating students about safe use of the internet, we are asking parents and children to read and sign the Acceptable Use Agreement Rules.

The rules provide an opportunity for further discussions with your child about safe and appropriate use of the internet and other online tools (e.g. mobile phones), both within and beyond school (e.g. at a friend's house or at home). Sanctions in place for misuse of technologies and subsequent breach of the rules are detailed in the full Online Safety incorporating Acceptable Use Policy which parents/carers can view on our website.

Signing this form is mandatory as it forms part of our safeguarding procedures. This form must be signed by every child by 28th March 2024.

Should you wish to discuss the matter further please contact Ms Pennington

PLEASE READ AND DISCUSS THE ACCEPTABLE USE POLICY/RULES WITH YOUR CHILD THEN

CLICK HERE TO SIGN THE FORM







Online Safety Newsletter \ March 2024

Managing Screen time from Internet



Fortnite Battle Royale



Does your child need a mobile phone?

Current as of the date released 01.03.24

Want to improve your English?



East Hunsbury Primary School working in partnership with NNC Adult Learning Service

Family Learning Family Language

Starting Wednesday 14th September 9.15am - 11.15am



You will be able to:



- Learn how your children are taught English at school
- Have the opportunity to develop your English speaking and listening skills.
- Learn English reading and writing skills.
- Have the opportunity to work towards a functional skills qualification at a level suitable for you.

Family Language will:

- Help you support your children's learning and development
- Help you develop your own English skills
- Support you to learn in a friendly, positive learning environment
- Support you to understand how children learn in school
- Help you to communicate with your school more effectively
- Help you learn new skills and meet new people.

A NEW FREE COURSE

East Hunsbury Primary School - Wednesdays 9.15 - 11.15

No need to book. Just come along.

NO IDLING CAR ENGINES IN THE CAR PARK

PLEASE

Always switch your engines off when in a parked car. Leaving your engine running when your vehicle stationary is is calledidling. This creates air by increasing pollution the levels of exhaust fumes and harmful gases in the air. No one, especially children, should have to breathe in these fumes.



Parents' Evenings

We are pleased to confirm that we will have a creche available in the Music Room for siblings of EHPS children during the Mainstream/SU/The Nest Parents' Evening on 6th & 7th March. No need to book.

Jules @ Home will be attending Parents' Evening on 6th & 7th March with school uniform for you to purchase.

you care about and send love

choose to use

that you're alive

outside world

by appreciating

things you find beautiful in the

intention to live

Set an

with awareness

and kindness

Notice three

Start today

your body and

kind words

to them

mind people

/ou speak to

Notice how

yourself and

Bring to







vourself rushing, make an effort to slow down If you find



egular intervals calm breaths at during your day **Take three**

Find ways

chores or tasks to enjoy any that you do

> ratch the sky or clouds for a few

Pause to

13

minutes today

Notice. Repeat

regularly

is going well, Notice

> piece of music without doing anything else

> > you and others

what makes

Focus on

Listen to a

21

something that even if today feels difficult

udging or trying feelings, without to change them Tune into your

enable you to do

the things they

what you notice different route today and see Choose a

your body and notice what it is feeling

Discover 끯

loving-kindness a feeling of Cultivate

to someone and really hear what they are saying

present while drinking your

Get outside and

notice how the

weather feels

out before you

breath in and

Appreciate the

mindfully.

Eat

taste, texture

and smell of

your food

Take a full

eply to others

on your face

cup of tea

Listen deeply

towards others and notice how 'no plans' day that feels Have a

and spot three

find unusual

or pleasant

things you

an interesting or creative activity

absorbed with

Get really

Look around

attention on the take for granted good things you

Focus your

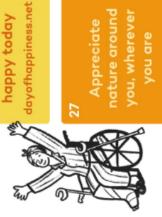
Appreciate your

hands and all

25

23





nature around vou, wherever Appreciate you are

soon as possible vou're tired and take a break as Notice when

Mentally scan

the joy in the simple things





Happier · Kinder · Together

ACTION FOR HAPPINESS

March 2023 InThniM

Dates for your diary

| Date | Activity | Time | | |
|----------|---|------------------|--|--|
| MARCH | | | | |
| 11.03.24 | Commonwealth Day Service of Celebration at Westminster Abbey | All day | | |
| 13.03.24 | Walk In Wedneday Easter Crafts | 8.30am - 9.15am | | |
| 15.03.24 | Mufti Day in exchange for chocoloate | All day | | |
| 18.03.24 | 5KR Merchant of Venice - Royal Theatre, Northampton | 7 - 9pm | | |
| 22.03.24 | Spring Assembly Yr 4 and Yellow Class | 9.30 - 10.30 | | |
| 23.03.24 | EHPS Easter Community Community Cafe and Easter egg hunt | 10am - 12pm | | |
| 25.0.324 | Yr 2 & Purple Raptorxotics visit | Afternoon | | |
| 26.03.24 | Year 1 & Green Class Assembly | 9.30 - 10.30am | | |
| 27.03.24 | Yr 5 to Stratford | All day | | |
| | MAY | | | |
| 01.05.24 | Walk In Wednesday Science | 8.30am - 9.15am | | |
| 21.05.24 | Year 5 Class Assembly | 9.30am - 10.30am | | |
| 22.05.24 | FEHPS Disco | ТВС | | |
| 22.05.24 | SU Show | Morning | | |
| JUNE | | | | |
| 05.06.24 | Yr 4 National Gallery Trip | All day | | |
| 10.06.24 | Sports Day Year 1 including New Uniform for sale | 1.30 - 3.00pm | | |

| 11.06.24 | Sports Day Year 5 | 1.30 - 3.00pm | |
|----------|---|-------------------------------------|--|
| 12.06.24 | Sports Day Year 3 including New Uniform for sale | 1.30 - 3.00pm | |
| 12.06.24 | SU Sports Morning | 9.30 - 11.30am | |
| 12.06.24 | Y6 STEAM at UoN | All Day | |
| 13.06.24 | Sports Day Reception Sports Day Year 2 | 9.30am - 11.00am 1.30pm - 3.00pm | |
| 14.06.24 | Sports Day Year 6 | 1.30am - 3.00pm | |
| 19.06.24 | Sports Day Year 4 | 1.30pm - 3.00pm | |
| 19.06.24 | Walk In Wednesday Science | 8.30am - 9.15am | |
| 21.06.24 | Summer Mufti in exchange for tombola prizes | All day | |
| 26.06.24 | Class photos | All Day | |
| JULY | | | |
| 29.06.24 | Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Red | 10.00 - 1.00pm | |
| 02.07.24 | Reception & Blue Class Assembly | 9.30 - 10.30am | |
| 02.07.24 | Changemakers event at UoN | All day | |
| 08.07.24 | Music Gala | 5.30pm - 7.00pm | |
| 12.07.24 | Yr 6 STEAM event | All day | |
| 16.07.24 | Yr 6 Leavers' Performance | 6.00pm - 7.30pm | |

| 17.07.24 | Yr 6 Leavers' Performance for toddlers to attend | 9.30am - 11.00am |
|----------|--|----------------------|
| 18.08.24 | SU Yr 6 Leavers' Assembly | 9.30am - 10.30am |
| 22.07.24 | Year 6 Leavers' Party | 7.00pm - 9.00pm |
| 23.07.24 | Mainstream Yr 6 Leavers' Assembly | 10.00am - 11.30am |

