# EAST HUNSBURY PRIMARY SCHOOL

#WeareEastHunsburyPrimary

# Newsletter

22nd March 2024

# MESSAGE FROM THE HEADTEACHER

Dear Families

What a wonderful busy week once again!

#### Celebrations

This week's Monday assembly celebrated many children from across the school. We presented certificates for:

- Numbots and TT Rockstars to over 50 children! Well done!
- Tri-Cup participants in Years 3 & 4 (well done Oliver, Riley, Jansen, Henry, Aron, Lily, Millie, Ela-Mai, Daisy, Luisa, Alfie)
- All the children who completed a poem for the Once Upon a Dream - Dream Wonders, Young Writers poetry competition. There are 89 children so I won't name them all! Some of the children are having their poem published in a book.

Our School Parliament also launched their suggestion box as they are wanting to find out ways in which the children feel our school could be improved (maybe this is something you could talk about with your child and encourage them to pop their suggestion into the box).

We then talked about our school value of: **Work Hard** and what this means to us. Well done to all of our children who are continuing to always try their best and work very hard, each and every day.

#### **Year 5 RSC Merchant of Venice Performance**

On Monday, Mrs Robinson's class performed at the Royal Theatre in Northampton as part of our work with our Trust, Silhouette Theatre and the Royal Shakespeare Company. Their stunning performance was utterly breathtaking, and it was so wonderful to see children shine on the stage. We are all so very proud of each and every one of our budding thespians! There has been a lot of work go into making this production possible so well done to all of the staff and children involved. Incredible is an understatement!







#### **Year 4 Spring Assembly**

On Friday, the week ended with such a special assembly as Year 4 treated us to a Spring Assembly which really got us in the mood for Easter. Once again, the standard was so high and I loved the songs Blackbird and I can see clearly now. Well done everyone! Spring has truly sprung!

## Earth Day - 22nd April - get collecting your recyclables.

We are really excited about Earth day which is coming up on 22nd April. It is being led by our DT leader, Miss Davison, and links brilliantly with our Education Team: Our World. During the day, the children will be learning all about the theme: 'Planet vs. Plastic,' and as part of the day the children will be making various things. PLEASE see your child's class teacher and check their Dojo for recyclable materials that will be needed. I look forward to sharing with you our fabulous outcomes.





#### **Bullying**

Here at East Hunsbury Primary School, we take bullying **very seriously**. Every child has the right to feel safe and valued at all times and bullying will not be tolerated. We teach our children the **STOP method** for identifying bulling; when an issue occurs **Several Times On Purpose**, they need to **Start Telling Other People**. Children are encouraged to talk to their year group adults, a member of the pastoral team or Ms Pennington if they feel either themselves or a friend has been a victim of bullying.

What are we doing to support our work on anti-bullying?

- We hold our Speak Out Stay Safe NSPCC assemblies
- We take part in anti-bullying week to raise awareness
- Our PSCO has visited Upper Key Stage 2 to talk about being safe at the park and when online. This included being kind to others always in person and online
- Our recent work with the police on the Blue Butterfly project with Years 3 and 4
- Our brilliant PSHE curriculum
- Our school value of kindness is always being taught and promoted
- Regular Governor monitoring and safeguarding visits

A few weeks ago, we sent this advice sheet via Class Dojo. If you didn't see it, a copy is included later in this newsletter. The advice sheet has some really helpful guidance. Also, please refer to our **behaviour policy** and **anti-bullying policy**.

As always, if you ever have a concern about bullying or unkind behaviours please do not hesitate to contact your child's class teacher or phase leader. We try to follow up every concern thoroughly and in a timely manner.

Have a wonderful weekend everyone! Don't forget it is our Easter Café tomorrow from 10am - 12pm! See you there for a choc-tastic, egg-hunting time.

\*\*Ms Pennington\*\*



# SU NEWS - YELLOW CLASS

In Yellow Class, we have been learning about what plants and animals need to survive. We carried out an experiment using cress and made predictions on which ones would grow and why. When we checked them, we discovered that the cress with water and sunlight had grown the best and the cress with water but no sunlight had tried to grow to find the light. Both sets of cress without water did not grow at all.





We then talked about what animals need to survive and now have class pets - Giant African Land Snails! Each day our helping hands is in charge of feeding them and checking they are ok and then every so often we clean them out. This is helping with our Science learning as well as ticking off "take care of something" in our 70 Things To Do booklet.

In R.E. we have been learning about the Last Supper. We enjoyed Rebecca washing our feet and then shared some bread and blackcurrant juice!

This term we have been joining Year 4 for the Take One Picture project and are working really hard. We have been listening to instructions and learnt to draw a picture just by listening to the adults directions.



In Talk for Writing, we have been learning the story of "The Gingerbread Man". This week we have changed it to "The Caterpillar Cake" and today we have made our own gingerbread men - we just hope they don't run away before we can eat them for our snack!



Please use the pedestrian crossing on Rowtree Road as we are noticing many families crossing the main road and it is very dangerous.



**BE KIND** 

# Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

#### 1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

#### 2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to your You could try discussing what you've noticed with another trusted adult who knows your child well.

#### 3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice — and do so without sounding judgemental. Help them to describe what they're feeling — be it anger, sadness, fear or something else — as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and

#### 4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences — so this conversation can reassure them being hanest with you was the right decision.

## 5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjay a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're

#### 6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

#### 7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

#### 8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as these who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be

#### LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken — and for families to avoid taking matters into their own hands.

#### 10. CHECK IN FREQUENTLY

V

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

# Is your child eligible for a grant of £1455?

It is really easy to find out if your child is eligible for a grant of £1455 towards the cost of their education. The grant is called the Pupil Premium grant and the money goes to the school to help fund a child's education.

For example, the grant can be used by the school to support your child's:

- School trips
- Uniform
- Equipment
- Extra targeted support









Furthermore, if they are in Key Stage 2, your child would receive free school lunch (all children in Reception, Yr 1 & Yr 2 are already entitled to free lunches).

PLEASE click the links below to see if your child is eligible.

If you would like some help completing the forms, please do not hesitate to contact the school office or any of our pastoral team. Now is the time to do it because your child must be registered before October in order for the school to receive the money.

To find out if your child is eligible click the relevant link below:

Years R, 1 and 2

#### Years 3, 4, 5 and 6

If you have any questions, please do ask as every penny from this grant can help us provide a better education for your child.

We cannot authorise holidays during term time so please do not book them.



# Lip Balm

It has come to our attention that an increasing amount of children are bringing lip balms and lip glosses into school. Sometimes the children are sharing these or they are becoming a distraction in class.

Please note that cosmetics are not allowed in school at any time but if your child is experiencing very sore or dry lips then they may bring in a plain lip balm (clearly mark you're your child's name on) which must be handed into the teacher to look after. It can then be applied at break times. If your child needs stronger medication for a cold sore etc then you will need to hand this to the school office and fill out the appropriate forms.

Thank you for your support.



# **Attendance News**

Whole school average attendance this week was

96.46%

We are aiming to be at 96% + every week.

	Weekly Attendance	Year Group	Weekly Attendance
Reception	97.67%	1	94.11%
2	95.17%	3	98.28%
4	96.53%	5	95.70%
6	97.83%		

# REMEMBER, lateness affects attendance and learning

## **Introducing the "Nest Natter"**

Alongside a team of mental health first aiders, our Kindness Ambassadors will be running a "Nest Natter" on a Monday, Wednesday and Friday lunch time in The Nest.



Nest Natter This is an opportunity for children to talk about their feelings and emotions and any struggles that they may be having with a trained peer or adult.

To access this service your child can talk to a member of their year group staff or a Kindness Ambassador on the playground.

The adults running this are Mrs Kelly Roberts (YMHFA,) Mrs Inderjit Jutla (MHFA,) and Mr Neil Black (MHFA.)

If you feel this will benefit your child, please encourage them to talk to a Kindness Ambassador or member of staff or pop a Dojo message to your child's class teacher.

# EHPS HOUSE POINTS TOTALISER



This week

Grand total

327

3560



259

3090



303

3263



323

3423





# Changemakers 10P Coin Trail

# We need your 10Ps!

All houses will go head-to-head to collect the most 10p's. The winning House will be awarded an additional 100 points. Each class will have a donation pot and we will be collecting up until the Easter holiday on 28th March. Our aim is to make a trail of 10p's to stretch all the way around the school playground.

Let the competition begin!

Is your child eligible for the **Pupil Premium Grant?** 

It is quick and easy to find out click here.

If you need any help, please pop into the school office.



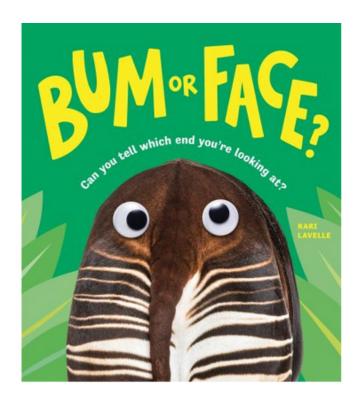
If you have a blue badge or EHPS parking pass **PLEASE** do not park in our car park excessively early. E.g. please do not arrive before 8:20am or 3:20pm. Our car park is getting unnecessarily congested before the start or end of the day.

# Walk in Wednesday dates

01.05.24	Walk in Wednesday 5 - science	08:30-9:15	Classroom
19.06.24	Walk in Wednesday 6 - reading	08:30-9:15	Classroom

**BE KIND WORK HARD** BELIEVE

# **Books of the Week**



# Bum or Face by Kari Lavelle

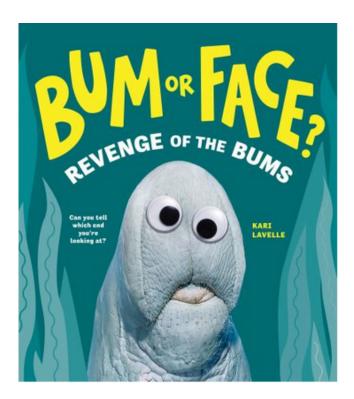
Can YOU tell a bum from a face? Discover fascinating facts about animals with this hilarious guessing game picture book!





# Bum or face? Volume 2: Revenge of the Bums by Kari Lavelle

Are you ready for round two of the hilarious guessing game picture book? Discover fascinating facts about animals while guessing if you're looking at a bum or a face!



# School of Life at East Hunsbury Library



This week we continued our community project run by the East Hunsbury Parish Council, School of Life. The children and seniors have built up a wonderful bond laughing and chatting over board games. So simple, yet so valuable. The children say the seniors are like their extra grandparents and the seniors already have our next visit in their diaries! So proud of our community.











# Healthy mind, healthy body challenge

We are very excited about our PE and PSHE Healthy Mind, Healthy Body challenge. Each week, there will be a PE or PSHE task based on a specific skill for that subject that you can complete at home, either by yourself, with your siblings, or with the whole family!

These activities are not compulsory but are a great way of learning or practicing news skills. You can always show your teacher that you've completed these via the class dojo. Make sure to look for these jobs in the newsletter each week.

Mrs Roberts and Mr Clarke

### **3 GOOD THINGS**

#### You will need:

- A piece of paper OR somebody to talk to
- 3 good things from your day

#### How to participate:

- · Think about what you have done in your day
- Think of 3 good/positive things that happened (they don't have to be big things small things count just as much!)
- Write them down or tell someone
- Ask someone else what their 3 good things are
- Do this every day
- Focus on the good!







BE KIND WORK HARD BELIEVE





As part of an enriched curriculum, your child will be accessing the internet, school email and virtual learning environment via a filtered service provided by our IT supplier. In order to support the school in educating students about safe use of the internet, we are asking parents and children to read and sign the Acceptable Use Agreement Rules.

The rules provide an opportunity for further discussions with your child about safe and appropriate use of the internet and other online tools (e.g. mobile phones), both within and beyond school (e.g. at a friend's house or at home). Sanctions in place for misuse of technologies and subsequent breach of the rules are detailed in the full Online Safety incorporating Acceptable Use Policy which parents/carers can view on our website.

Signing this form is mandatory as it forms part of our safeguarding procedures. This form must be signed by every child by 28th March 2024.

Should you wish to discuss the matter further please contact Ms Pennington

PLEASE READ AND DISCUSS THE ACCEPTABLE USE POLICY/RULES WITH YOUR CHILD THEN

## **CLICK HERE TO SIGN THE FORM**



Keeping children safe online

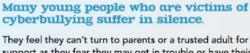
## A Parent's Guide to Cyberbullying











support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.





**VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION** 

you care about and send love

choose to use

that you're alive

outside world

by appreciating

things you find beautiful in the

intention to live

Set an

with awareness

and kindness

Notice three

Start today

your body and

kind words

to them

mind people

/ou speak to

Notice how

yourself and

Bring to



vourself rushing, make an effort to slow down If you find



egular intervals calm breaths at during your day **Take three** 

Find ways

ratch the sky or clouds for a few

Pause to

13

minutes today

chores or tasks to enjoy any that you do

Notice. Repeat

regularly

piece of music without doing anything else Listen to a

dayofhappiness.net

you and others

what makes

Focus on

happy today

something that even if today feels difficult is going well, Notice

different route today and see Choose a

your body and Mentally scan notice what it is feeling what you notice

soon as possible

you are

vou're tired and

nature around vou, wherever

Appreciate

Notice when

take a break as

the joy in the simple things Discover

끯

to someone and really hear what they are saying

present while drinking your

Get outside and

notice how the

weather feels

out before you

breath in and

Appreciate the

mindfully.

Eat

taste, texture

and smell of

your food

Take a full

eply to others

on your face

cup of tea

Listen deeply

and notice how 'no plans' day that feels Have a

and spot three

find unusual

or pleasant

things you

an interesting or creative activity

absorbed with

Get really

Look around

Cultivate

loving-kindness towards others a feeling of

spend less time screens today Choose to looking at

attention on the

Focus your

Appreciate your

hands and all

25

take for granted good things you

enable you to do

the things they

udging or trying

to change them

feelings, without

Tune into your

23

21







# Happier · Kinder · Together

# Dates for your diary

Date	Activity	Time			
MARCH					
23.03.24	EHPS Easter Community Community Cafe and Easter egg hunt	10am - 12pm			
25.0.324	Yr 2 & Purple Raptorxotics visit	Afternoon			
26.03.24	Year 1 & Green Class Assembly	9.30 - 10.30am			
27.03.24	Yr 5 to Stratford	All day			
MAY					
01.05.24	Walk In Wednesday Science	8.30am - 9.15am			
21.05.24	Year 5 Class Assembly	9.30am - 10.30am			
22.05.24	FEHPS Disco	TBC			
22.05.24	SU Show	Morning			
JUNE					
05.06.24	Yr 4 National Gallery Trip	All day			
10.06.24	Sports Day Year 1 including New Uniform for sale	1.30 - 3.00pm			
11.06.24	Sports Day Year 5	1.30 - 3.00pm			
12.06.24	Sports Day Year 3 including New Uniform for sale	1.30 - 3.00pm			
12.06.24	SU Sports Morning	9.30 - 11.30am			
12.06.24	Y6 STEAM at UoN	All Day			

13.06.24	Sports Day Reception Sports Day Year 2	9.30am - 11.00am 1.30pm - 3.00pm		
14.06.24	Sports Day Year 6	1.30am - 3.00pm		
19.06.24	Sports Day Year 4	1.30pm - 3.00pm		
19.06.24	Walk In Wednesday Science	8.30am - 9.15am		
21.06.24	Summer Mufti in exchange for tombola prizes	All day		
26.06.24	Class photos	All Day		
JULY				
29.06.24	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Red	10.00 - 1.00pm		
02.07.24	Reception & Blue Class Assembly	9.30 - 10.30am		
02.07.24	Changemakers event at UoN	All day		
08.07.24	Music Gala	5.30pm - 7.00pm		
16.07.24	Yr 6 Leavers' Performance	6.00pm - 7.30pm		
17.07.24	Yr 6 Leavers' Performance for toddlers to attend	9.30am - 11.00am		
18.08.24	SU Yr 6 Leavers' Assembly	9.30am - 10.30am		
22.07.24	Year 6 Leavers' Party	7.00pm - 9.00pm		
23.07.24	Mainstream Yr 6 Leavers' Assembly	10.00am - 11.30am		

# Northampton ESCO Holiday Camps are now OAK Holiday Clubs



# Easter 2024 Schedule

All activities are £18 per child per day



Weston Favell Primary



For bookings and details, visit www.oakholidayclubs.co.uk



Click here for bookings and details







# SATURDAY STRIKERS & MINI STRIKERS

Mini Strikers Saturday 9:00-9:45 2 - 4 Yrs £6 per session Saturday Strikers
Saturday
10:00-11:00
4 - 12 Yrs
£6 per session

# WIITH COACH ROB SCAN TO BOOK





# WITH ALL NEW LOYALTY SCHEME FOR 2024 COGENHOE VILLAGE HALL

CALL OR TEXT: 07359547762 EMAIL: infostrikecoaching@gmail.com Facebook: Strikes coaching

# Easter Holidays Activity Camp



2nd - 12th April 2024 9:00am - 4:00pm £15 per child per day Benham Sports Arena 5 – 11 year olds

Experienced & knowledgeable staff with enhanced DBS checks

Safe & inclusive activities designed for all ability levels

Fun & enjoyable sports & physical activities

# Activities include...

Dodgeball | Handball | Rugby | Basketball | New Age Kuring | Kinball | Volleyball | Team Games | Netball | Arts & Crafts | Cricket | Athletics | Badminton | Tennis



We are Northamptonshire's leading physical activity, health and wellbeing charity.

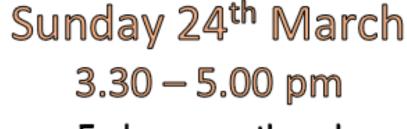
www.northamptonshiresport.org

UK registered charity number: 1184107





# Families, Fun & Fellowship St Benedict's church (NN4 906)



Explore more through activities and play about

# PALM SUNDAY

For all the family
Free Easter Eggs

# Family Fun

We are holding an event to have fun, make things, and celebrate Palm Sunday.

Crafts, story and food, for families with primary aged children plus brothers and sisters.

Tea, coffee and cake for adults.

Children must be accompanied by an adult.

Please phone or email to book your places: <u>admin@stbens.uk</u> or <u>vicar@stbens.uk</u> www.stbenedictschurchnorthampton

Free Easter eggs being given out