

# EAST HUNSBURY PRIMARY SCHOOL

#WeareEastHunsburyPrimary

## Newsletter

19th April 2024

### MESSAGE FROM THE HEADTEACHER

Dear Families

Welcome back! It is officially the start of the Summer Term and what a start we have had! We have launched straight back into learning and today you should have received your child's curriculum map which shares with you what they will be learning about this term. As always, if you have any questions, please do not hesitate to contact your child's class teacher.

#### Assemblies

We have had two assemblies this week. Our first was on Monday with our traditional Welcome Back assembly led by me and in the assembly I shared the books:



The books focussed on being who you should be and were linked our school value of kindness, our rule of respect and the British Value of Tolerance. You can watch I am Tiger being read by Tom Hardy as part of the CBeebies bedtime story series by [clicking here](#) (enjoy!)

Then today, Vicar Griff visited us to talk to the children about Tolerance (one of our British Values) and how it applies to their every day lives.

#### Access to Bikes Scheme

At the end of last term, we were thrilled that 10 of our children got to take part in the Access to Bikes scheme. They had the opportunity to learn new bike skills including how to change an inner tube and important information on road safety (and guess what... they even got to keep the bike!)



#### Uniform

Please [click here](#) for a link to our school uniform page and a little reminder that green chequered summer dresses are now permitted (let's hope we get some much-needed sunshine).

Please also ensure that your child wears sensible, flat and polishable school shoes (not trainers).

#### Dates – please pop them in your diaries!

We have so many fantastic things planned this term so please check out the dates on the back of this newsletter including our summer gala, transition days and much more. Please note that more information about our Sports Days is coming very soon.

## Statutory Assessments

This term also brings with it lots of Statutory Assessments for our children.

- Year 1 have their phonics check in June.
- Year 4 have their multiplication check also in June.
- Year 6 have their maths, reading and SPAG (Spelling, punctuation and Grammar) tests in May.

This is a really important time for our pupils and we always share with them that as long as they have worked hard and tried their best we are beyond proud of them. Please do speak to us if you have any questions or concerns about these tests or for advice on how you can support or prepare your child.

## Pupil Premium

Lastly, if you are in receipt of any of the following benefits:

- Universal Credit (annual net income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support, income-based Jobseeker's Allowance or income-based Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying)

it is very likely that your child will be eligible for an annual grant of £1480 which goes directly to school to support their education. Please [click here](#) to see if you are eligible or contact the school office or pastoral team who will be more than happy to help you.

## Congratulations

Finally, a huge congratulations to Miss Mann who ran the Brighton Marathon on the 7th April. There is still time to donate to her chosen charity, Macmillan Cancer Support, by [clicking here](#).

Have a wonderful weekend everyone and see you on Monday.

*Ms Pennington*

P.S. Did you know that there are 13 school weeks and 2 days until the Summer holidays – crikey!

**We cannot authorise holidays during term time so please do not book them.**



**BE KIND**

**WORK HARD**

**BELIEVE**

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# EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	239	254	235	269
Grand total	4113	3808	3792	4085



## SU NEWS - BLUE CLASS



Blue class had a busy half term last half term where our learning theme was “Earth.” We are now moving on to learn all about “Growing” and “Minibeasts” during the summer term.

In March we had an SU computing day where we experienced a carousel of computing activities across the day. Blue Class especially enjoyed the remote-control cars and the bee bots. We worked hard on giving and following instructions to program the bee bots; this was a real challenge but great fun!



In Blue class we very much learn by “doing” and firm favourites for us include lots of messy play and exploring our senses, visiting the Rainbow Room where we can play freely with our friends and our weekly music lessons with Emily who is the most amazing music teacher!

We continue to love our tennis sessions with Maddie and our dance sessions with Ella as these help us to keep fit, improve our physical skills and develop our concentration and communication. This term we want to impress Maddie and Ella by focusing on our school value “**believe**”. We are going to believe in ourselves and each other to achieve things we never thought we could in our tennis and dance sessions.



### Walk in Wednesday dates

01.05.24	Walk in Wednesday 5 - science	08:30-9:15	Classroom
19.06.24	Walk in Wednesday 6 - reading	08:30-9:15	Classroom

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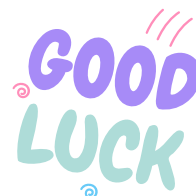
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On Sunday 7th April, **Miss Mann**, Yr 6 teacher, completed the Brighton Marathon to raise money for Macmillan Cancer Support after her Grandma passed away 3 years ago.

If you feel you would like to donate, please [click here](#) to access her JustGiving page or scan the QR code.

## WOULD YOU LIKE TO MAKE A DONATION?



On 19th May **Miss Cunnington**, TA in The Nest, will be doing a **tandem skydive**.

She is raising money for Rowan Ward at Northampton General Hospital to help furnish their Family room, so family and friends can stay in comfort at difficult times. The Family Room is a safe space for patients, relatives and visitors to have time away from the ward.

Last year, she lost her Uncle who was staying on Rowan Ward and she feels it is very important for families to have some privacy when visiting someone in hospital and where often relatives receive sad news.



If you feel you would like to donate, please [click here](#) to access her Just Giving page or scan the QR code.

Is your child eligible for the  
**Pupil Premium Grant?**

It is quick and easy to find out –  
[click here](#).

If you need any help, please pop into the school office.



**Please use the pedestrian crossing on Rowtree Road as we are noticing many families crossing the main road and it is very dangerous.**

**REMHINDER**

ALL SNACKS MUST BE NUT FREE



# Attendance News

Whole school average attendance this week was

**95.17%**

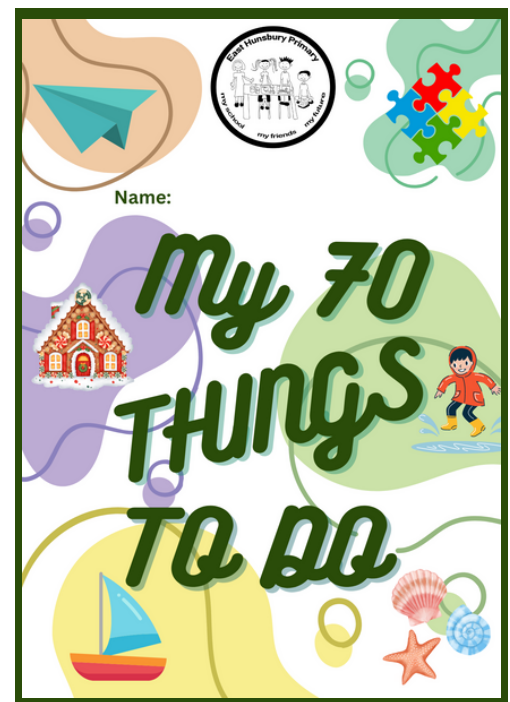
We are aiming to be at **96% +** every week.

	Weekly Attendance	Year Group	Weekly Attendance
Reception	98.14%	1	92.43%
2	91.35%	3	95.86%
4	98.16%	5	95.05%
6	95.67%		

**REMEMBER, lateness affects attendance and learning**

How many have you completed?

Have you started a scrapbook to document your activities?



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# CAREERS CORNER

Loud! is a series of 20 digital films featuring children (aged 7-11) interviewing diverse young professionals (under 30) about their jobs, their challenges and their aspirations, focusing on STEM & the Creative Industries.

They are authentic and naturally engaging films, presented with clarity and great power, introducing young learners to work, enabling a discovery of different jobs set in real-life workplaces.

## Animator - Prezidente meets Tasha Howe

Tash is an animator. She talks about her love of drawing and how she became an animator. Prezidente talks to Tash about his Autism and asks her advice about working in the creative industries, specifically animation. [Click here to watch the video.](#)



## Camera Operator - Justice meets Holly Smyth

Holly is a camera operator in TV/Film. She talks about entry level as a runner, working your way up, and how to work and learn from other people. Holly also talks how her dyslexia did not hold her back. [Click here to watch the video.](#)



## We are a healthy school!

Thanks to the hard work of our Health and Wellbeing Team, we are now an accredited “Healthy School”. This recognises our fabulous PE and PSHE curriculum, active playtimes, strong pupil voice through our pupil ambassadors, healthy lunches, and informative visitors such as Life Education and the Saints Values Programme. We are very proud to have achieved this and look forward to improving our health and wellbeing offer even more over the next three years.

Mrs Roberts



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# Healthy mind, healthy body challenge

We are very excited about our PE and PSHE Healthy Mind, Healthy Body challenge. Each week, there will be a PE or PSHE task based on a specific skill for that subject that you can complete at home, either by yourself, with your siblings, or with the whole family!

These activities are not compulsory but are a great way of learning or practicing news skills. You can always show your teacher that you've completed these via the class dojo. Make sure to look for these jobs in the newsletter each week.

Mrs Roberts, Mr Black and Mr Clarke

## BALL EXPLORE

To play this game you will need:

- At least one ball, depending on how many people are playing.

Rules of the game:

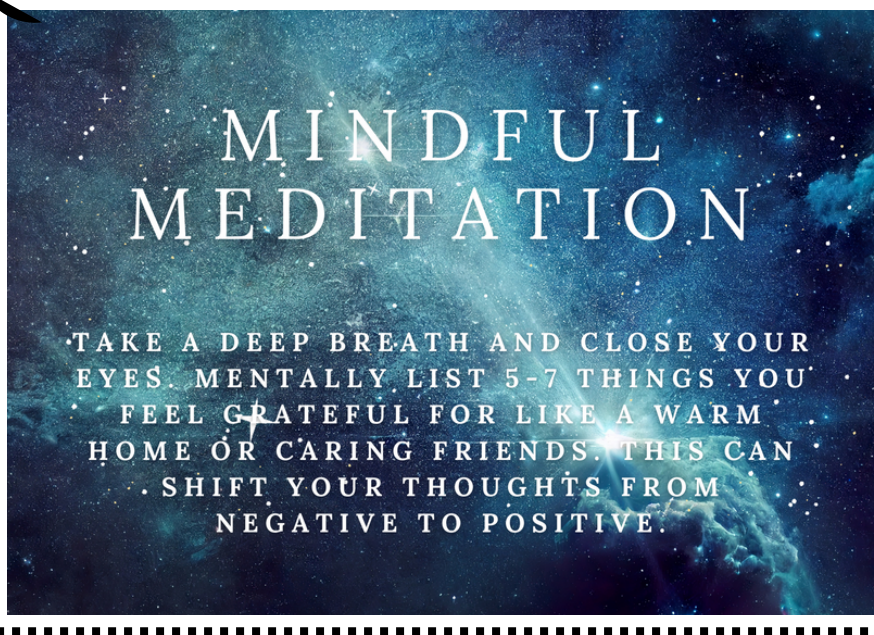
- If you are working on your own, you could use a wall to complete these games (make sure it's a soft ball).
- If you're in a pair, start by bouncing, rolling and throwing a ball to each other. - How many times can you do this in 30 seconds? Once you've had one go, then try to beat your personal best!

Partner Task:

- Standing back-to-back, pass the ball over your head and under your legs to each other.
- Standing back-to-back, bounce the ball at the side, rotating to catch.
- Both lie on your back, sit up, throw the ball to each other, lie down and repeat.

Mr Clarke's Challenge:

- Try some of the challenges with 2 balls.



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# E-Safety



**Online Safety Newsletter** April 2024

**Poppy Playtime**

It is important that you are aware that whilst the name and characters suggest a playful game, it is a survival horror game with graphics that may not be suitable for your child. It includes characters such as 'Kissy Missy' and 'Huggy Wuggy'. Please view this game before allowing your child to play it as it may not be appropriate for them – particularly young children.

Children may be playing the game or just watching videos of it on sites such as YouTube or playing replicated versions on Roblox for example.

**Further information**  
Safer Schools NI have produced this informative:  
<https://saferschoolsni.co.uk/huggy-wuggy-online-safety-review/>

**Talking to strangers online**

There are many apps/websites where your child may come across strangers contacting them. Some platforms will allow you to set who can contact your child as well as switch off communication so ensure appropriate settings are explored and set up. This article from ThinkUKnow talks about how to protect your child from adult content and contact:  
<https://www.thinkuknow.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>

**Cyberbullying**

**What is cyberbullying?**  
Cyberbullying is bullying online and can take many forms such as sending malicious messages, leaving nasty comments, excluding somebody from a group chat, blackmailing or setting up a fake profile. Cyberbullying can take place across many different platforms such as WhatsApp, Snapchat and on games such as Roblox and Minecraft.

**What should I do if my child is being bullied online?**  
If your child is being bullied, then try to stay calm and let them know that it is not their fault. It is always useful to keep evidence of any online bullying and inform their school so that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to set up any parental controls that are available.

**Further information**  
There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, how to support somebody who is being bullied and who you can contact if you need any further advice or support.

- <https://www.childnet.com/help-and-advice/online-bullying/>
- <https://www.nationalbullyinghelpline.co.uk/cyberbullying.html>
- <https://www.youngminds.org.uk/young-person/coping-with-life/bullying/>

**Group Chats**

Group Chats are available on various messaging apps, social media apps and in some games. When your child is part of these groups, they may not know all the other members and it may even include people that they have previously blocked. Your child may come across inappropriate content and bullying can take place within these groups. Talk to your child about how they speak to others online and encourage them to talk to people online with kindness, like they would if they were face-to-face. The NSPCC provide further information about group chats here:  
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.04.24.

## Monthly Newsletter



Poppy Playtime



Cyberbullying



Online chats



Talk to strangers online

[Click here for more information](#)

## Managing Exam Stress



Advise clearing clutter



Encourage a positive mindset



Keep it fun



Talk about online strangers

[Click here for more information](#)

### 10 Top Tips for Parents and Educators

## MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

- PRACTISE WORKLOAD WISDOM**  
The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to even begin to plan ahead. Encourage them to consider whether their spent time is really being used well. Encourage them to make a list of what they need to do and when to do it. This will allow them to see if they have enough time to revise and recharge. Work with them to create a revision timetable that is manageable and includes breaks and relaxation time.
- ADVISE CLEARING THE CLUTTER**  
A cluttered work environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desks, desks and revision materials tidy – creating a dedicated, well-lit study space to promote maximum focus. Boost their creativity by suggesting they incorporate vibrant colours, images and even quirky drawings into their revision notes.
- MASTER THE MATERIALS TOGETHER**  
Revision seems far harder when a child is uncertain where to begin or what source to consult. Support them in coordinating revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anxiety.
- RECOMMEND CREATIVE NOTE-TAKING**  
Writing out notes in full – rather than simply bullet-pointing – can be a strong start to a child's revision. Instead of this, encourage the use of flashcards (featuring shorter versions of questions/answers), for effective revision and memorisation. Discuss the power of regularly recording notes to help them stay in the child's memory.
- USE VISUAL AIDS AND MNEMONICS**  
Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes or writing. Explore creative techniques for fun and effective study approaches – and it's also worth noting that the strategic use of colour is a proven means of triggering recall during exams.
- GATHER A TECH TOOLKIT**  
Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational products for exams and reminders when young people are on the go.
- KEEP IT FUN**  
Revision tends to be far more stressful if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their 'real life' experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.
- SUGGEST ACTIVE REVISION STRATEGIES**  
Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reciting material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods (such as self-testing or explaining a concept aloud) in identifying areas their strengths and weaknesses.
- ENCOURAGE A POSITIVE MINDSET**  
It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while taking regular breaks and staying hydrated can help them stay motivated and focused.
- HELP THEM TO SEIZE THE DAY**  
There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some healthy 'exam-day strategies' – such as getting ready, eating well, staying hydrated and staying calm, confident and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

[VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION](#)

BE KIND

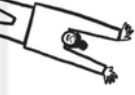
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# Active April 2024



## MONDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

## TUESDAY

2 Spend as much time as possible outdoors today

9 Turn your homework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

## WEDNESDAY

3 Listen to your body and be grateful for what it can do

10 Have a day with less screen time and more movement

17 Be active outside. Plant some seeds and encourage growth

24 Get active in nature. Feed the birds or go wildlife-spotting

## THURSDAY

4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try out a new exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

## FRIDAY

5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

## SATURDAY

6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

## SUNDAY

7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat



# Dates for your diary

Date	Activity	Time
<b>MAY</b>		
01.05.24	Walk In Wednesday Science	8.30am - 9.15am
13-16.03.24	Yr 6 SATS	Mornings
21.05.24	Year 5 Class Assembly	9.30am - 10.30am
22.05.24	FEHPS Disco	TBC
22.05.24	SU Show	Morning
<b>JUNE</b>		
3 - 14.06.24	Yr 4 Multiplication Check	
05.06.24	Yr 4 National Gallery Trip	All day
10.06.24	Sports Day Year 1 including New Uniform for sale	1.30 - 3.00pm
11.06.24	Sports Day Year 5	1.30 - 3.00pm
12.06.24	Sports Day Year 3 including New Uniform for sale	1.30 - 3.00pm
12.06.24	SU Sports Morning	9.30 - 11.30am
12.06.24	Y6 STEAM at UoN	All Day
13.06.24	Sports Day Reception Sports Day Year 2	9.30am - 11.00am 1.30pm - 3.00pm
14.06.24	Sports Day Year 6	1.30am - 3.00pm
19.06.24	Sports Day Year 4	1.30pm - 3.00pm

19.06.24	Walk In Wednesday Science	8.30am - 9.15am
21.06.24	Summer Mufti in exchange for tombola prizes	All day
26.06.24	Class photos	All Day
29.06.24	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Red)	10.00 - 1.00pm
<b>JULY</b>		
02.07.24	Reception & Blue Class Assembly	9.30 - 10.30am
02.07.24	Changemakers event at UoN	All day
08.07.24	Music Gala	5.30pm - 7.00pm
16.07.24	Yr 6 Leavers' Performance	6.00pm - 7.30pm
17.07.24	Yr 6 Leavers' Performance for toddlers to attend	9.30am - 11.00am
18.08.24	SU Yr 6 Leavers' Assembly	9.30am - 10.30am
22.07.24	Year 6 Leavers' Party	7.00pm - 9.00pm
23.07.24	Mainstream Yr 6 Leavers' Assembly	10.00am - 11.30am

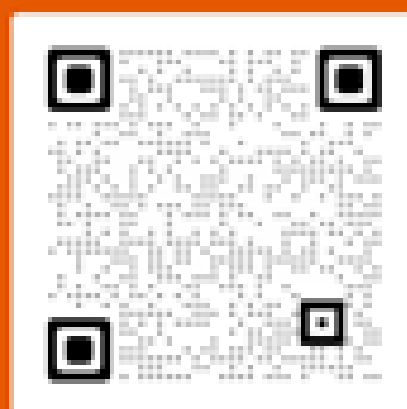


## SATURDAY STRIKERS & MINI STRIKERS



**WITH COACH ROB**

**SCAN TO BOOK**



**WITH ALL NEW LOYALTY SCHEME FOR 2024**

**COGENHOE VILLAGE HALL**

**CALL OR TEXT: 07359547762 EMAIL: [infostrikecoaching@gmail.com](mailto:infostrikecoaching@gmail.com)**

**Facebook: [Strikes coaching](#)**